K to 12 BASIC EDUCATION CURRICULUM

TECHNOLOGY AND LIVELIHOOD EDUCATION

TEACHER’S GUIDE

Exploratory Course on

CAREGIVING
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**Introduction**

This Teacher’s Guide is intended for you, the TLE teacher, who teaches any of the more than 24 TLE exploratory courses in the Grades 7 and 8 of the K to 12 curriculum. To ensure that you teach the TLE exploratory courses the way they were intended to be taught, you must see the big picture of the K to 12 curriculum and the teaching of TLE. Some background information is necessary.

**Background Information**

1. **The Overall Goal of the K to 12 Curriculum**

   The K to 12 Curriculum has as its overarching goal *the holistic development of every Filipino learner with 21st century skills who is adequately prepared for work, entrepreneurship, middle level skills development and higher education*. The overarching goal of the K to 12 curriculum, tells you that the teaching of TLE plays a very important role in the realization of the overall goal of the curriculum. Whether or not the K to 12 graduate is skilled and ready for work, entrepreneurship and middle skills development depend to a great extent on how effectively you taught TLE.

2. **The Conceptual Framework of the Teaching of TLE**

   Below is a schematic diagram of Technology and Livelihood Education (TLE) framework in general secondary schools. This should guide you in the teaching of the TLE exploratory courses.
The diagram shows that Technology and Livelihood Education encompasses the field of Home Economics, Industrial Arts, Agri-Fishery Arts and ICT. The 24 TLE courses can be categorized under any of these fields.
TLE is geared towards the development of technological proficiency and is anchored on knowledge and information, entrepreneurial concepts, process and delivery, work values and life skills. K to 12 TLE is...

   a. one that is built on adequate mastery of knowledge and information, skills and processes, acquisition of right work values and life skills;
   b. one that equip students with skills for lifelong learning; and
   c. one that is founded on cognitive, behavioral or psychomotor and affective dimensions of human development.

The diagram likewise shows that entrepreneurial concepts also form part of the foundation of quality TLE. It is expected that your TLE students, after using the Learning Module on Entrepreneurship, imbibe the entrepreneurial spirit and consequently set up their own businesses in the areas of Agri-Fishery Arts, Industrial Arts, Home Economics, and Information and Communication Technology.

TLE by its nature is dominantly a skill subject and so you must engage your students in an experiential, contextualized, and authentic teaching-learning process. It is a subject where your students learn best by doing. It is integrative in approach. For instance, it integrates entrepreneurship with all the areas of TLE. It integrates concepts, skills and values.

3. The TLE Exploratory Courses

TLE in Grades 7 and 8 are exploratory in nature. Your school will choose at least 4 from the list of 24 courses for which 23 Learning Modules have been prepared. 1Your school’s choice is determined by the availability of its resources (faculty and facilities) as well as the local needs and resources of the community.

The 24 TLE exploratory courses focus on four basic common competencies: 1) use and maintenance of tools and equipment; 2) mensuration and calculation; 3) occupational health and safety procedures, and 4) preparation and interpretation of technical drawing. Why are these competencies called basic? Because they are competencies that you must acquire in order that you can do higher level competencies. They are also described common because these are true to all TR-based TLE courses.

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1 There are 24 TLE courses but there are only 23 Learning Modules because there is one Learning Module for Tailoring and Dressmaking.
The Learning Modules and Lessons

There is a Learning Module for each exploratory course. If there are 24 exploratory courses then you have 24 Learning Modules in your hands. But you will use 4 Modules only for the entire year in Grade 7 (plus a fifth one on Entrepreneurship) and another 4 Modules in Grade 8 (plus a fifth one on Entrepreneurship).

Each Learning Module consists of 4 to 5 Lessons\(^2\). The Lessons are focused on the 4 to 5 basic competencies. To avoid meaningless repetition of the teaching of the 5 common competencies, you have to teach them in the context of the TLE course. For example, you teach “use and maintenance of tools” in beauty care when you are teaching the course on Beauty Care. You teach the same competencies - use and maintenance of tools-in Horticulture but in the context of Horticulture and so your tools will not be entirely the same.

New Feature on the Teaching of TLE

**What’s new in the teaching of TLE in the K to 12 curriculum?** In the K to 12 curriculum, the TLE courses are taught based on the learning outcomes and performance criteria stated on the Training Regulations (TR) from Technical Education and Skills Development Authority (TESDA). They are TR-based.

**Why is this necessary?** To prepare the K to 12 graduate for lucrative work, he/she must earn a National Certificate (NC) I, II or even an NC of higher level that is required by industries. This he/she earns after passing an assessment given by TESDA.

**How can you ensure that the K to 12 high school student (Grade 9 to 12) pass TESDA assessment and obtain an NC?** By seeing to it that you teach the TLE course in accordance with the performance criteria and learning outcomes laid down in the TESDA Training Regulations.

**Do the exploratory courses enable the high school student to earn already an NC?** Not yet. Completion of the exploratory courses may not yet qualify a high school student to take an assessment for an NC. Instead, it helps him/her earn a Certificate of Competency (COC) at least in Grade 9 that will lead eventually him/her to an NC. In short, the COC paves the way to the earning of an NC.

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\(^2\) Some Learning Modules combined use and maintenance of tools to make one Lesson, so the number of Lessons amount to 4; others made separate Lessons for use of tools and for maintenance of tools, thus the total is 5 Lessons.
K to 12 TECHNOLOGY AND LIVELIHOOD EDUCATION

HOME ECONOMICS – CAREGIVING
(Exploratory)

Student’s choice of TLE specialization begins in Grades 9. After having been exposed to an array of TLE courses during the exploratory phase in the first two years, the student will be most benefited, if in Grades 10, 11, or 12 he/she continues with a TLE course in which he/she already has a COC. In that way, he/she will get an NC faster.

About the Learning Module

1. Design of the Module

   a. The Module is designed to be a teacher-assisted learning kit or a self-learning kit on competencies that a Grade 7 TLE ought to possess. It explores the course on Caregiving which helps your student earn a Certificate of Competency in Grade 9 which leads to a National Certificate Level I / II (NCI / II) in Grades 10, 11 or 12.

   b. The Learning Module is made up of 4 to 5 Lessons based on the competencies. Each Lesson contains the following:
      1) Learning Outcomes
      2) Performance Standards
      3) Materials/Resources
      4) Definition of Terms
      5) What Do You Already Know?
      6) What Do You Need to Know?
      7) How Much Have You Learned?
      8) How Do You Apply What You Learned?
      9) What Is Your Score?
     10) References

         There are some TLE Modules which have a section on “How Do You Extend Your Learning?”. This section is meant for enrichment. It is usually given as an assignment for not everything can be taught and done in the classroom given a limited time.

   c. The Self-check can also serve as the posttest of the lesson.

2. Parts of the Lesson. -The following explain the parts of each Lesson and describe what your students’- as well as your tasks are.
### Part of the Lesson

<table>
<thead>
<tr>
<th>Students' Task</th>
<th>Teacher's Task</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Learning outcomes</strong> are what your TLE student is supposed to know and be able to do after using the module. Since our TLE courses are TR-based, all learning outcomes are lifted from the TESDA TR. In the Curriculum Guide (the matrix which contains Content Standard, Performance Standard, Learning Competencies, Projects/Activities, Assessment, Duration), the identified Learning Outcomes are written in the column of Learning Competencies. Students acquaint themselves with the learning outcomes and performance standards and make them their personal goals.</td>
<td>You introduce the learning outcomes to your students and make sure that they understand them and make these learning targets their own. Make these your goals for instruction.</td>
</tr>
<tr>
<td><strong>2. Performance Standards</strong> are referred to as “performance criteria” in the TESDA TR. They are more specific descriptions of the student’s behavior that serve as evidence that the expected learning outcomes have been realized with the expected level of proficiency or in accordance with established standards. The learning outcomes and performance standards set the direction of your lessons. These are what you should teach and, in turn, what you should assess. They are identified and are written for you in the Curriculum Guide. Students clearly understand the performance standards and make them their own learning goals.</td>
<td>You introduce the performance standards to your students and make sure that they understand them and make these performance standards their own. Let these standards give your lesson its specific direction.</td>
</tr>
<tr>
<td><strong>3. Materials/Resources and References</strong></td>
<td>Get to know the materials. They are part of the</td>
</tr>
</tbody>
</table>
To teach effectively, you need **materials** and **references**. Materials may include equipment, hand tools or consumables. The **references** are the books, magazines, articles, websites you yourself and your students will read or refer to in order to gain greater understanding of the lesson. They are either in soft copy or hard copy.

<table>
<thead>
<tr>
<th>Lesson.</th>
<th>gadget, tool or equipment, it is always wise to prepare, check and try them in advance to ensure that they function when you use them. As the saying goes “forewarned is forearmed.”</th>
</tr>
</thead>
</table>
| **By all means, read the references for lesson mastery.** | Be resourceful in the preparation of materials. You are strongly encouraged to use appropriate local materials as substitute for listed materials that are not available.  
For effective teaching, your lesson preparation should include reading the list of references.  
Do not limit yourself to the list of references. If you discover good reference material/s, add to the list of references.  
Introduce the references to your students. Motivate them to read these references as they go through the module for mastery of the lesson. |  

| **4. The definition of terms and acronyms** will help you understand the meaning of key words in your lesson. Defining key words as they are used in your lesson will ensure that the key terms in your lesson mean one and the same for everyone in class and so avoid misunderstanding. | Refer to the definition of terms for greater understanding of the lesson. | Remind your students to refer to the definition of terms and acronyms for clearer understanding of the lesson. |
| **What Do You Already Know** is intended to determine entry | **Take the test honestly.** | **Tell your students to accomplish the pretest.** Explain that the purpose of the pretest is to find |
### Knowledge and Skills of Your Students to Find Out if You Have to Teach the Lesson, Teach Some Parts of the Lesson or Skip It Entirely Because Your Students Already Know It

This is done by way of a pretest. Check answers against the answer key provided.

### What Do You Need To Know?

**- This section contains** one or more Information Sheets and for some modules an Operation Sheet. These are important notes for the TLE student to read after which he/she is asked to do a Self-check to determine how much he/she has learned. The self-check functions as a pretest. Read and understand the Information Sheet/s and/or Operation Sheet. Be prepared for a Self-check which serves as a posttest. Correct answers by referring to the answer key.

### How Do You Apply What You Do the Activity.

Find a way to test real life application of what
Learned?” – In this section, you give your student the opportunity to transfer what he/she has learned in another activity or in real life situation. Ideally, this should be a performance test, what you usually call practical test. If “the proof of the pudding is in the eating”, then your student must be able to apply what she/he learned in real-life setting or must be able to come up with a product as an evidence of learning. To determine level of performance, use the scoring rubrics or check answers against the answer key, which ever is applicable. Reflect on assessment results.

**8. How Do You Extend Your Learning?** – As the word implies, this activity is done outside class hours for enrichment purposes. This can reinforce lesson mastery. Do the task assigned outside class hours. Motivate the students to do the task by making clear what the enrichment activity is about – why it is given, how it is done, how it relates to the class lesson.

<table>
<thead>
<tr>
<th><strong>Learned?</strong></th>
<th><strong>How Do You Extend Your Learning?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>In this section, you give your student the opportunity to transfer what he/she has learned in another activity or in real life situation. Ideally, this should be a performance test, what you usually call practical test. If “the proof of the pudding is in the eating”, then your student must be able to apply what she/he learned in real-life setting or must be able to come up with a product as an evidence of learning. To determine level of performance, use the scoring rubrics or check answers against the answer key, which ever is applicable. Reflect on assessment results.</td>
<td>Do the task assigned outside class hours. Motivate the students to do the task by making clear what the enrichment activity is about – why it is given, how it is done, how it relates to the class lesson.</td>
</tr>
</tbody>
</table>

**Reflection**

It is a good habit to reflect on your teaching for the day – what went well, what did not go well, why this activity went well with this group, why it didn’t work well with the other group. What are your realizations? What are lessons learned? Jot them down in your diary. Commit them to your memory. If you do this consistently, you will find your delivery improve substantially.
**Content Standard** | **Performance Standard** | **Learning Competencies** | **Project / Activities** | **Assessment** | **Duration**
--- | --- | --- | --- | --- | ---
**Lesson 1: USE TOOLS, EQUIPMENT, AND PARAPHERNALIA**

*Demonstrate understanding on:*
- Types, functions and classifications of tools, equipment and paraphernalia
  1. Equipment, tools and paraphernalia are identified according to their types, functions and classifications
  2. Equipment, tools and paraphernalia are determined based on the specified task
  
  **LO1. Identify caregiving tools, equipment, and paraphernalia applicable to a specific job.**

  **Handbook making**
  - Written examination
  - 5 hours

- Proper usage of tools, equipment and paraphernalia
  1. Equipment, tools and paraphernalia are used properly
  2. Equipment, tools and paraphernalia are used based on the task requirement
  
  **LO2. Use caregiving tools, equipment and paraphernalia properly.**

  1. Practice and demonstration on the utilization of tools, equipment and paraphernalia
  2. Viewing of videos
  
  - Written examination
  - Demonstration
  - 8 hours
## K to 12 TECHNOLOGY AND LIVELIHOOD EDUCATION

### HOME ECONOMICS –CAREGIVING
(Exploratory)

<table>
<thead>
<tr>
<th>Content Standard</th>
<th>Performance Standard</th>
<th>Learning Competencies</th>
<th>Project / Activities</th>
<th>Assessment</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Lesson 2: PERFORM CALCULATIONS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>9 hours</td>
</tr>
<tr>
<td><strong>Demonstrate understanding on:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Ratios, fractions, proportions, solving for X and conversions</td>
<td>1. Computations involving ratios, fractions, proportions and conversions are performed</td>
<td>LO1. Perform simple calculations.</td>
<td>1. Written practices on the different computations</td>
<td>Observation</td>
<td>9 hours</td>
</tr>
<tr>
<td>• Oral, rectal and pediatric dosages</td>
<td>2. Oral drug dosages are computed</td>
<td></td>
<td>2. Real world problem solving exercises.</td>
<td>Written examination</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Rectal dosages are determined</td>
<td></td>
<td>3. Role play</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4. Pediatric dosages are calculated</td>
<td></td>
<td>4. Gallery walk</td>
<td></td>
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<tr>
<td><strong>Lesson 3: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES</strong></td>
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<td></td>
<td>4 hours</td>
</tr>
<tr>
<td><strong>Demonstrate understanding on:</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Hazards Common in Nursing Homes or Day Care</td>
<td>1. Workplace hazards and risks are identified</td>
<td>LO1. Identify hazards and risks</td>
<td>1. Viewing of videos</td>
<td>Written examination</td>
<td>4 hours</td>
</tr>
<tr>
<td>➢ Physical hazards</td>
<td>2. Hazards, risks and their corresponding indicators are identified in the workplace</td>
<td></td>
<td>2. Interactive online activity</td>
<td>Interview</td>
<td></td>
</tr>
<tr>
<td>➢ Chemical hazards</td>
<td>3. Effects of hazards are determined</td>
<td></td>
<td></td>
<td>Simulation</td>
<td></td>
</tr>
<tr>
<td>➢ Biological hazards</td>
<td></td>
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<tr>
<td>➢ Ergonomic hazards</td>
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<tr>
<td>➢ Psychological hazards</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Effects of hazards in the workplace</td>
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</tbody>
</table>

*TWG on K to 12 Curriculum Guide – version January 31, 2012*
### Content Standard

**Demonstrate understanding on:**
- Safety measures
- Electrical safety
- Control measures
- Waste management

### Performance Standard

1. OHS procedures for controlling hazards and risk are strictly followed.
2. Procedures in dealing with hazards are followed in accordance with the organization’s OHS policies.
3. Personal protective equipment (PPE) is correctly used in accordance with the organization’s OHS procedures and practices.
4. Procedures in providing appropriate assistance in the event of workplace emergencies are identified in line with the established organizational protocol

### Learning Competencies

LO2. Evaluate and control hazards and risks

### Project / Activities

1. Viewing of videos
2. Interactive online activity
3. Case Study
4. Demonstration of skill/s

### Assessment

- Written examination
- Interview
- Case/situation analysis
- Simulation
- Performance test

### Duration

6 hours

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**Lesson 4: MAINTAIN TOOLS, EQUIPMENT AND PARAPHERNALIA**

**Demonstrate understanding**

1. Tools, equipment and

**LO1. Perform**

1. Practice and

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<table>
<thead>
<tr>
<th>Content Standard</th>
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<th>Project / Activities</th>
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<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paraphernalia are cleaned after use according to standard operating procedures and in accordance with relevant safety procedures.</td>
<td>Aftercare activities for tools, equipment, and paraphernalia.</td>
<td>Demonstration on performing aftercare activities for tools, equipment, and paraphernalia</td>
<td>2. Portfolio making</td>
<td>Examination</td>
<td>40 hrs.</td>
</tr>
<tr>
<td>Tools, equipment, and paraphernalia are placed / stored in the appropriate area following safety procedures.</td>
<td></td>
<td>2. Portfolio making</td>
<td>3. Viewing of videos</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tools, equipment and paraphernalia are checked regularly for orderliness/tidiness in accordance with employer's requirements.</td>
<td></td>
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<tr>
<td>Routine maintenance is carried out or arranged as per standard operating procedures</td>
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</tbody>
</table>

**Total: 40 hrs.**

“By three methods we may learn wisdom: First, by reflection, which is noblest; second, by imitation, which is easiest; and third by experience, which is the bitterest.”

- Confucius

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