1. **Eligibility**

1.1 To be eligible for participation in the *Palarong Pambansa* Dancesport Competition, a competitor must comply with the Palarong Pambansa Act or the Implementing Rules and Regulations of R.A. 10588 as well as Rule V.

2. **Approval of the Technical Handbook**

2.1 This Technical Handbook was approved by the *Dancesport Council of the Philippines Incorporated (DSCPI)* an accredited member of the World Dancesport Federation (WDSF) and the Asian DanceSport Federation (ADSF)

3. **Competition Information**

3.1 **Competition Dates:** May 1, 2019
3.2 **Competition Venue:** Philippine Science High School, Davao

4. **Events**

The Dancesport competition will consist of sixteen (16) events which compose of eight (8) events in Modern Standard Discipline and eight (8) events in Latin American Discipline.

<table>
<thead>
<tr>
<th>EVENT</th>
<th>CATEGORY</th>
<th>Age Group / Grade Level</th>
<th>DISCIPLINE</th>
<th>DANCES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Single Dance</td>
<td>Elem / Juvenile</td>
<td>Modern Standard</td>
<td>Waltz</td>
</tr>
<tr>
<td>2</td>
<td>Single Dance</td>
<td>Elem / Juvenile</td>
<td>Modern Standard</td>
<td>Tango</td>
</tr>
<tr>
<td>3</td>
<td>Single Dance</td>
<td>Elem / Juvenile</td>
<td>Modern Standard</td>
<td>Quickstep</td>
</tr>
<tr>
<td>4</td>
<td>Grade C</td>
<td>Elem / Juvenile</td>
<td>Modern Standard</td>
<td>W, T, Q</td>
</tr>
<tr>
<td>5</td>
<td>Single Dance</td>
<td>Secondary / Junior</td>
<td>Modern Standard</td>
<td>Waltz</td>
</tr>
<tr>
<td>6</td>
<td>Single Dance</td>
<td>Secondary / Junior</td>
<td>Modern Standard</td>
<td>Tango</td>
</tr>
<tr>
<td>7</td>
<td>Single Dance</td>
<td>Secondary / Junior</td>
<td>Modern Standard</td>
<td>Quickstep</td>
</tr>
<tr>
<td>8</td>
<td>Grade C</td>
<td>Secondary / Junior</td>
<td>Modern Standard</td>
<td>W, T, Q</td>
</tr>
<tr>
<td>9</td>
<td>Single Dance</td>
<td>Elem / Juvenile</td>
<td>Latin American</td>
<td>Samba</td>
</tr>
<tr>
<td>10</td>
<td>Single Dance</td>
<td>Elem / Juvenile</td>
<td>Latin American</td>
<td>Chachacha</td>
</tr>
<tr>
<td>11</td>
<td>Single Dance</td>
<td>Elem / Juvenile</td>
<td>Latin American</td>
<td>Jive</td>
</tr>
<tr>
<td>12</td>
<td>Grade C</td>
<td>Elem / Juvenile</td>
<td>Latin American</td>
<td>S, C, J</td>
</tr>
<tr>
<td>13</td>
<td>Single Dance</td>
<td>Secondary / Junior</td>
<td>Latin American</td>
<td>Chachacha</td>
</tr>
<tr>
<td>14</td>
<td>Single Dance</td>
<td>Secondary / Junior</td>
<td>Latin American</td>
<td>Rumba</td>
</tr>
<tr>
<td>15</td>
<td>Single Dance</td>
<td>Secondary / Junior</td>
<td>Latin American</td>
<td>Jive</td>
</tr>
<tr>
<td>16</td>
<td>Grade C</td>
<td>Secondary / Junior</td>
<td>Latin American</td>
<td>C, R, J</td>
</tr>
</tbody>
</table>
5. **COMPETITION SCHEDULE**

Date: May 1, 2019  
Time: 1:00pm

### MODERN STANDARD DISCIPLINE

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
<th>ADJUSTED</th>
<th>CATEGORY</th>
<th>DISCIPLINE</th>
<th>DANCES</th>
<th>PHASE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Modern Standard</td>
<td>Waltz</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Modern Standard</td>
<td>Tango</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Modern Standard</td>
<td>Quickstep</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>4</td>
<td>Grade C</td>
<td></td>
<td>Modern Standard</td>
<td>W, T, Q</td>
<td></td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>5</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Modern Standard</td>
<td>Waltz</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Modern Standard</td>
<td>Tango</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>7</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Modern Standard</td>
<td>Quickstep</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>8</td>
<td>Grade C</td>
<td></td>
<td>Modern Standard</td>
<td>W, T, Q</td>
<td></td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
</tbody>
</table>

### LATIN AMERICAN DISCIPLINE

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
<th>ADJUSTED</th>
<th>CATEGORY</th>
<th>DISCIPLINE</th>
<th>DANCES</th>
<th>PHASE</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Latin American</td>
<td>Samba</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Latin American</td>
<td>Chachacha</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>11</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Latin American</td>
<td>Jive</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>12</td>
<td>Grade C</td>
<td></td>
<td>Latin American</td>
<td>S, C, J</td>
<td></td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
<td>Single Dance</td>
<td>Latin American</td>
<td>Chachacha</td>
<td>1st Round, Quarter Final, Semi Final, Final</td>
</tr>
<tr>
<td>14</td>
<td></td>
<td></td>
<td>Single</td>
<td>Latin</td>
<td>Rumba</td>
<td>1st Round,</td>
</tr>
</tbody>
</table>
6. **COMPETITION PROCEDURES, RULES AND REGULATIONS**

The Dancesport competition of the Palarong Pambansa 2019 will be held in accordance with the current World Dancesport Federation (WDSF) Rules and Regulations under the guidance of the Dancesport Council of the Philippines (DSCPI) as recognized by the Philippine Sports Commission (PSC) and Philippine Olympics Committee (POC) to govern dancesport competitions in the Philippines.

In case of any disagreement in the language interpretation of the WDSF Rules and Regulations, the English version shall prevail. Any unforeseen cases not covered by the Rules and Regulations shall be resolved as follows:

**General Issues:** To be resolved in accordance with the Palarong Pambansa Implementing Rules and Regulations.

**Technical Issues:** To be resolved in accordance with the WDSF Rules and Regulations and WDSF Norms.

### 6.1 Competition Rules Dancesport

The regulations below cover the following disciplines:

6.1.1 Modern Standard Discipline with the following dances; Waltz, Tango, Quickstep

6.1.2 Latin American Discipline with following dances; Samba, Chachacha, Rumba, Jive

### 6.2 Choreography and Syllabus

6.2.1 The Palarong Pambansa 2019 is subjected to the following choreography and syllabus:

6.2.1.1 Juvenile Age Group / Elementary Level will have a **restricted/strict/closed syllabus routine**

6.2.1.2 Junior Age Group / Secondary Level will have an **open syllabus/competitive routine**

### 6.3 Lifts

6.3.1 Lifts are NOT permitted in any category level and dance;

6.3.2 A lift is any movement during which one member of a couple has both feet off the floor at the same time with the assistance of the partner;

6.3.3 The Chairman of the Board of Adjudicators will **DISQUALIFY** couples who will perform lifts during competition.

### 6.4 Marking

6.4.1 Since technology does not allow open marking system, closed marking shall be used in all rounds of the competition;

6.4.2 SKATING SYSTEM of marking shall be used in the competition.

6.4.3 The use of technology-aided adjudication and automated scrutinizing is highly encouraged but is subject to its availability/feasibility.
6.5 Selection of Heats, Quarter Finals, Semi-Finals and Finals

6.5.1 Competitions shall be composed of at least a 1st round, Quarter Final, Semi-Final and Final rounds;
6.5.2 1st round will be composed of 18 couples; selection of heats shall be in random;
6.5.3 Quarter Final round will be composed of 12 couples. Both the 1st round and the Quarter Final round will be danced in two heats;
6.5.4 The Semi-Final will be composed of six (6) couples; while the Final Round will be a ranking of remaining three (3) couples. In the event that there will be more than 3 couples for the Final Round, Chairman of Adjudicators or Tournament Manager may split the round into two and select the best 3 couples/pairs, then proceed to the final round.
6.5.5 In the Final round, Adjudicators shall rank participating couples according to their performances with 1 being the highest mark. In no case shall same ranking be given to more than one couple;
6.5.6 The re-dance system shall apply from the 1st round to the final round.

6.6 Competition attire (Costuming)
Competitors shall dress according to the WDSF Dress Regulations. Each athlete may change costumes up to 3 times from the first round to the final round provided such costume has passed the screening of costumes and competition attire set by the Tournament Management;

See attachment A for detailed information of dancesport costuming.

6.7 Dance Order
The sequence of dances shall be as follows:

6.7.1 JUVENILE / ELEMENTARY LEVEL
       LATIN AMERICAN DISCIPLINE – Samba, Chachacha, Jive
       MODERN STANDARD DISCIPLINE – Slow Waltz, Tango, Quickstep

6.7.2 JUNIOR / SECONDARY LEVEL
       LATIN AMERICAN DISCIPLINE – Samba, Chachacha, Jive
       MODERN STANDARD DISCIPLINE – Slow Waltz, Tango, Quickstep

6.8 Music
6.8.1 Time allowed and tempo.
In all rounds of the competition, the music shall be in a minimum of one minute and thirty seconds to a maximum of two minutes except for JIVE and QUICKSTEP which is one minute to a maximum of one minute and thirty seconds.

The tempi for each dance shall be:
SLOW WALTZ – 28 to 30 bars/min  CHACHACHA – 30 to 32 bars/min
TANGO – 31 to 33 bars/min  SAMBA – 50 to 52 bars/min
QUICKSTEP – 50 to 52 bars/min  RUMBA – 25 to 27 bars/min
       JIVE – 42 to 44 bars/min

6.8.2 Type of Music
In the 2019 Palarong Pambansa Dancesport Competitions, the music must have the character of the dance performed. In Latin Dances for example, no disco music shall be played.
6.9 Disqualification Rules
The couples will be disqualified from the competition if proper dress
regulations based on WDSF rules and guidelines are not followed. Also, the
competitors/couple will be disqualified if they are not present in their event.

7. HEALTH AND WELFARE OF ATHLETES
7.1 There must a break of at least 20 minutes between the rounds of the
competition;
7.2 All final prize presentations shall be concluded before 21:00 (9:00 PM) for
JUVENILE Age Groups and 22:00 (10:00 PM) for JUNIOR Age Groups

8. COMPOSITION OF THE DELEGATION
Each Region may enter a maximum of four (4) couples; one (1) couple for Modern
Standard Discipline Elementary level, one (1) couple for Latin American Discipline
Elementary Level, one (1) couple for Modern Standard Discipline Secondary level
and one (1) couple for Latin American Discipline Secondary Level.

Juvenile Latin 1 pair (1 male/1 female athlete) 1 coach for Elementary
Juvenile Standard 1 pair (1 male/1 female athlete)
Junior Standard 1 pair (1 male/1 female athlete)
Junior Latin 1 pair (1 male/1 female athlete) 1 coach for Secondary

1 Chaperon

9. TECHNICAL OFFICIALS & ADJUDICATORS

9.1 TECHNICAL OFFICIALS. The Tournament Manager with the approval of the
Palarong Pambansa Technical Working Group will select and appoint such
number of National Technical Officials.

9.1.1 National Technical Committee:
   a. Tournament Director/Tournament Manager 1
   b. Tournament Secretary 2 (1-Juvenile & 1-Junior)
   c. Chairman / Chief Adjudicators 1
   d. Adjudicators 5 and above
   e. Chief Scrutineer 1
   f. Asst. Scrutineer 4(2-junior & 2-junior)
   g. Barkers 4
   h. Score Collectors 5
   i. Runners 5
   j. Dancesport Disc Jockey 1
   k. Compere/Announcer 1
   l. Working Committees To be determined by the
      host region

9.2 ADJUDICATORS. The Tournament Manager with the guidance of the
Dancesport Council of the Philippines Incorporated (DSCPI) will appoint five
(5) or more qualified adjudicators for the Palarong Pambansa 2019 as may
be approved by Palarong Pambansa Board and Technical Working Group.

9.2.1 Adjudicators Qualifications (Ideal/High Suggested)
9.2.1.1 DSCPI Licensed National Adjudicator A and B
9.2.1.2 DSCPI Licensed School-Based Dancesport Teachers
9.2.1.3 DepEd Accredited List of Adjudicators
9.3 SCRUTINEERING. The Tournament Manager with the guidance of the Dancesport Council of the Philippines Incorporated (DSCPI) will appoint one (1) qualified Chief Scrutineer with the assistance of four (4) other scrutineers for the Palarong Pambansa 2019 as may be approved by Palarong Pambansa Board and Technical Working Group.

9.3.1 Scrutineering Qualifications (Ideal/High Suggested)
   9.3.1.1 DSCPI Official Scrutineering Team
   9.3.1.2 DepEd Accredited List of Scrutineer

10. APPROVE DANCESPORT TECHNIQUE BOOKS

   10.1 Technique of Latin Dancing by Walter Laird (IDTA)
   10.2 Technique of Latin Dancing – Supplementary by Walter Laird (IDTA-First Edition 1997)
   10.3 The Revised Technique of Latin American Dancing (ISTD)
   10.4 The Revised Technique by Alex Moore
   10.5 The Ballroom Technique by the Imperial Society of Teachers Dancing (ISTD)
   10.6 Technique of Ballroom Dancing by Guy Howard (IDTA)
   10.7 The UKA Ballroom book by Ken Akrill (UKA)

11. COMPETITION VENUE AND REQUIREMENTS

   11.1 Covered Dance Floor: 17m x 22m Area (Standard Size);
   11.2 Male and Female Dressing Rooms;
   11.3 Toilets
   11.4 Holding Area;
   11.5 Presidential Tables:
      11.5.1 Adjudicators' Table;
      11.5.2 Scrutineers Table;
      11.5.3 Awards Table
      11.5.4 VIP Tables
   11.6 Stage
   11.7 Sights and Sound/Microphones and Mic Stands;
   11.8 Projector or LED Screen;

12. MEDALS CERTIFICATES AND AWARDING OF WINNERS

   12.1 The following are the medals to be contested in the different Levels and Categories:

<table>
<thead>
<tr>
<th>LEVELS/CATEGORIES</th>
<th>NUMBER of MEDALS to be AWARDED to WINNERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>JUVENILE LEVEL (ELEMENTARY):</td>
<td>GOLD</td>
</tr>
<tr>
<td>BRONZE</td>
<td>1</td>
</tr>
<tr>
<td>LATIN AMERICAN DISCIPLINE</td>
<td></td>
</tr>
<tr>
<td>Grade C</td>
<td>1</td>
</tr>
<tr>
<td>CHACHA</td>
<td>1</td>
</tr>
<tr>
<td>SAMBA</td>
<td>1</td>
</tr>
<tr>
<td>JIVE</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>4</td>
</tr>
</tbody>
</table>
MODERN STANDARD DISCIPLINE
Grade C 1 1 1
WALTZ 1 1 1
TANGO 1 1 1
QUICKSTEP 1 1 1
Total 4 4 4

JUNIOR LEVEL (SECONDARY):
LATIN AMERICAN DISCIPLINE
Grade C 1 1 1
CHACHA 1 1 1
RUMBA 1 1 1
JIVE 1 1 1
Total 4 4 4

MODERN STANDARD DISCIPLINE
Grade C 1 1 1
WALTZ 1 1 1
TANGO 1 1 1
QUICKSTEP 1 1 1
Total 4 4 4

TOTAL (in terms of medal count) 16 16 16
TOTAL (medal requirement in pairs) 32 32 32

4th, 5th and 6th placers shall also be awarded with Certificates of Recognition

12.2 The winner of Grade C will be considered to go to the next level if in case that there is any, regardless of how many gold medals received in the single dances.

13. Interpretation of the Rules and Matters not provided for, the Tournament Manager/Director holds the final decisions regarding all matters in consultation with the DSCPI and Interpretation of rules and all matters not provided for. Any eventuality that may arise during the course of the tournament, the management reserves the right to decide and that there is final

14. MEETINGS AND KEY ACTIVITIES

14.1 Technical Officials’ Meeting and Training
Date : April 22-23, 2019
Time : 8:00 – 5:00 pm
Venue : Davao National High School Gymnasium

14.2 Technical Officials’ Refresher Course
Date : April 24-25, 2019
Time : 8:00 – 5:00 pm
Venue : Davao National High School Gymnasium

14.3 Solidarity Meeting
Date : April 26, 2019
Time : 8:00 – 12:00 nn
Venue : Davao National High School Gymnasium
14.4 Costumes Check
Date: April 26, 2019
Time: 1:00 – 5:00 pm
Venue: TBA

14.5 Palarong Pambansa 2019 Opening Program
Date: April 27, 2019
Time: 3:00 pm
Venue: Davao City UP Sports Complex

14.6 SPORTS HEROES DAY
Date: April 28, 2019
Time: TBA
Venue: Respective Billeting Quarters

14.7 Program Flow and Rehearsals
Date: April 29, 2019
Time: 8:00 – 12:00 nn
Venue: Philippine Science High School, Davao

14.8 Floor Practice
Date: April 30, 2019
Time: 8:00 – 5:00 pm
Venue: Philippine Science High School, Davao

14.9 COMPETITION DAY
Date: May 1, 2019
Time: 1:00 pm
Venue: Philippine Science High School, Davao

15. DIRECTORY

15.1 Palarong Pambansa Dancesport Competition
Tournament Manager: MARIA DONNA D. COSEJO
Cell phone No.: 09258021703
Fax: ___________________
E-mail: mddizon1978@gmail.com
Website: ___________________

15.2 DanceSport Council of the Philippines (DSCPI)
President: MARIA REBECCA GARCIA
Address: Dancesport Training Center Philsport Complex, Meralco Avenue, 1603 Pasig City, Philippines
Telephone: +632 637 2317
Email: dancesportphils@yahoo.com
**JUVENILE AGE Groups**

General Guidelines:
1. If colored, only one color, no combinations. Skin tone not allowed.
2. No decorations in clothing, body or hair.

<table>
<thead>
<tr>
<th>COSTUMES/ATTIRE/ACCESSORIES</th>
<th>MALE</th>
<th>FEMALE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>SHIRTS</td>
<td>Only plain white long sleeves, tucked in are allowed.</td>
</tr>
<tr>
<td>2</td>
<td>SLEEVES</td>
<td>Long only</td>
</tr>
<tr>
<td>3</td>
<td>TOP and SKIRT</td>
<td>If top is white, use black skirt only If top is colored, skirt and panties should be of the same color Skin toe/color is not allowed for both top, skirt and panties</td>
</tr>
<tr>
<td>4</td>
<td>PANTS</td>
<td>Plain black only</td>
</tr>
<tr>
<td>5</td>
<td>COLLAR</td>
<td>Correct shirt collar to wear with tie or bowtie; other designs not allowed</td>
</tr>
<tr>
<td>6</td>
<td>TIE</td>
<td>Wear black only Necktie for latin and bowtie for standard.</td>
</tr>
<tr>
<td>7</td>
<td>VEST</td>
<td>Not allowed</td>
</tr>
<tr>
<td>8</td>
<td>MATERIAL</td>
<td>Plain, no design, no shiny materials or material that reflect light to be accented</td>
</tr>
<tr>
<td>9</td>
<td>DRESS STYLE</td>
<td>1. For latin, skirt must not be shorter than 3½” or 10 cm above the knee; Skirt must be longer 10 cm below the knee cap for standard. 2. Skirt must have no boning, piping or frilling 3. No bigger underskirts/ petticoat. 4. no &quot;Tinkerbelle&quot; cut</td>
</tr>
<tr>
<td>10</td>
<td>DRESS ACCESSORIES</td>
<td>None</td>
</tr>
<tr>
<td>11</td>
<td>HAIR STYLE</td>
<td>Hair should be in clean cut for standard. For latin, if hair is long, collect in ponytail</td>
</tr>
<tr>
<td>12</td>
<td>HAIR DECORATION</td>
<td>None</td>
</tr>
<tr>
<td>13</td>
<td>JEWELRY</td>
<td>None</td>
</tr>
<tr>
<td>14</td>
<td>MAKE-UP</td>
<td>None</td>
</tr>
<tr>
<td>15</td>
<td>SOCKS</td>
<td>Wear black socks only</td>
</tr>
<tr>
<td>16</td>
<td>SHOE COLOR</td>
<td>Black only</td>
</tr>
<tr>
<td>17</td>
<td>SHOE HEELS</td>
<td>1 ½” or 3.5 cm heels for standard</td>
</tr>
</tbody>
</table>
**JUNIOR AGE GROUPS**

General Guidelines:
1. No skin tone not allowed.
2. No decorations in clothing, body or hair.
3. No 2 piece in costume
4. Dress age appropriately

<table>
<thead>
<tr>
<th>COSTUMES/ATTIRES</th>
<th>MALE</th>
<th>FEMALE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 SHIRTS</td>
<td>Plain white or black turtleneck long sleeves, tucked in for latin. Plain white long sleeves, tucked in for standard.</td>
<td></td>
</tr>
<tr>
<td>2 SLEEVES</td>
<td>Long only</td>
<td>Short, (\frac{3}{4})&quot; or long sleeves</td>
</tr>
<tr>
<td>3 TOP and SKIRT</td>
<td>One piece costume of any color provided that the skirt and panty should be of the same color.</td>
<td></td>
</tr>
<tr>
<td>4 PANTS</td>
<td>Plain black only</td>
<td>Underpants: Same color as skirt covering fully the buttocks; skin toned color- not allowed.</td>
</tr>
<tr>
<td>5 COLLAR</td>
<td>Simple, not over-sized or pointed Turtleneck without tie allowed</td>
<td>Turtleneck, round, and small square; open-back and chest area are not allowed.</td>
</tr>
<tr>
<td>6 TIE</td>
<td>Wear black only Necktie for latin and bowtie for standard</td>
<td>None</td>
</tr>
<tr>
<td>7 VEST</td>
<td>Black vest allowed but not a must</td>
<td>None</td>
</tr>
<tr>
<td>8 MATERIAL</td>
<td>Plain, no design, no shiny materials or material that reflect light</td>
<td>1. Fabrics such as spandex, neoprene, or velvet and other fabric at the same material are allowed. 2. Plain colored allowed. 3. Lace fabrics are not allowed. Beads, plastic stones, tassels are not allowed. 4. No shiny and glittery material that reflects light.</td>
</tr>
<tr>
<td>9 DRESS STYLE</td>
<td>1. For latin, skirt must not be shorter than (3\frac{1}{2})&quot; or 10 cm above the knee; Skirt must be longer 10 cm below the knee cap for standard. 2. Skirt must have no boning, piping or frilling 3. No bigger underskirts/ petticoat. 4. no “Tinkerbelle” cut.</td>
<td></td>
</tr>
<tr>
<td>10 DRESS ACCESSORIES</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>11 HAIR STYLE</td>
<td>Hair should be in clean cut for standard. For latin, if hair is long, collect in ponytail</td>
<td>Long Hair shall be collected in a ponytail (latin), bun or braids (standard); No colored hair spray</td>
</tr>
<tr>
<td>12 HAIR DECORATION</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>13 JEWELRY</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>14 MAKE-UP</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>15 SOCKS</td>
<td>Wear black socks only</td>
<td>None</td>
</tr>
<tr>
<td>16 SHOE COLOR</td>
<td>Black only</td>
<td>Tan, beige, or one-color</td>
</tr>
<tr>
<td>17 SHOE HEELS</td>
<td>Cuban heel for latin 1 (\frac{1}{2})&quot; or 3.5 cm heels for standard</td>
<td>Maximum height is 2&quot; or 5 cm</td>
</tr>
</tbody>
</table>

Note: Failure to comply with the above-mentioned dress code shall be a ground for DISQUALIFICATION.