I. DATE AND PLACE:
The 2019 Palarong Pambansa – Wushu (SANDA) Competition will be held from April 27 – May 4, 2019 at Davao City.

II. COMPETITION VENUE:
Competition Venue: Precious International School of Davao

III. COMPETITION EVENTS:
Group A – Who were born between January 01, 2001 to December 31, 2003
   Male : 48kg; 52kg; 56kg
   Female : 48kg; 52kg

Group B – Who were born between January 01, 2004 to December 31, 2006
   Male : 42kg; 45kg; 48kg
   Female : 42kg; 45kg

IV. PARTICIPANTS:
Secondary School Students that pass the Screening procedure.

V. PARTICIPATION METHODS:
i. Athletes who passes the Screening Committee
ii. Each Team may compose of 2 Coach, 1 Chaperon for the girls and 10 Athletes
   a. There should be one (1) athlete per weight category

VI. COMPETITION METHODS:
i. The Competition shall be individual competition
ii. Knockout system will be adopted.
iii. Single round-robin will be adapted if number of competitors less than 4
iv. The Competition will be conducted in accordance with the Rules of International Wushu Federation (IWUF) 2016.
v. Athletes for Group B must be 39.1 Kg and above but not to exceed 42.0 Kg to compete in the 42Kg category.
vi. Athletes for Group A must be 45.1 Kg and above but not to exceed 48.0 Kg to compete in the 48Kg category.
vii. There should be a medical check-up before the weigh-in time.
viii. Weigh-in time is 1 hour
ix. Kick(s) to the head as well as successive/continuous punches to the head are not permitted. One absolute hit (punch-kick) policy.
x. All attacking and defending techniques are applicable except the following:
   a. Attacking with the head, the elbow, or the knee, or by twisting the opponent’s joints.
   b. Forcing the opponent to fall head over heels, or intentionally smashing or pressing him down.
   c. Hitting the opponent’s head by any means when he is already down.
   d. Attacking the back of head, the neck and the crotch.
xi. The following takedown techniques are permitted.
   a. Lower Hip side takedown
   b. Lower Side tackle
c. One leg tackle/One leg catch tackle
d. Cross leg tackle
e. Lower double leg takedown
f. Leg sweeping

xii. Shoulder Throw, Lifting, Over Throw, Floating Hip throw, Single Back Throw, Hip Wheel Throw, Neck Throw, and Back Throw, ARE NOT PERMITTED.
xiii. Each bout is consisting of 3 rounds, with 1 minute and 30 seconds per round and 1-minute interval rest between rounds.
xiv. A winner will be declaring as best of 2 out of 3 rounds in each bout.

ix.i. In case of draw/tie in any of the 2 rounds an additional round will be held.
ix.ii. If ever there will be a draw/tie in round 3, we will follow the international order of precedence in identifying the winner.

24.3.6. Under the elimination system, fewer warnings will be declared the winner.
1. The competitor with fewer warnings will be declared the winner.
2. The competitor with fewer admonitions will be declared the winner.
3. Lighter weight on time of weigh – in.
If the tie’s remains, an additional round will be held.

VII. COSTUME AND EQUIPMENT:

i. Competitors shall wear costume and protective gears in compliance with the “Rules for International Sanda Competition”

ii. Two (2) sets of costumes; 1-red and 1-black

iii. Gum shield, groin guard, hand-wrap and shin guard with foot pad must be provided by competitors themselves.

VIII. PLACING OF AWARDS:

Top three (3) men and women will be awarded respectively with Medals and Certificates.

IX. ENTRIES:

i. Final Entry with the events and names of competitors must reach the Tournament Manager CHRISTOPHER H. LENISIG by mail or email.
a. Email: christopher.lenisig@deped.gov.ph
b. Contact no. 09127049778

ii. No Changes or additional entries will be accepted after the deadline.

X. OTHER MATTERS:

i. Each team shall strictly abide by the Rules of DepEd and the Organizing Committee.

ii. Those who will violate the Rules and regulation will be dealt with according to the regulation of DepEd: (such as: Throwing of protective gears, uttering bad words, extreme and violent reactions, etc.)

iii. Teams may bring video cameras for the documentation of the bout(s), but it will not be accepted as basis for complaints.

iv. Official coach and chaperon must be in their Delegation Uniform while on coaching, No short pants, sando and slippers will be allowed for the coaches and chaperon during the competition.

v. Official coach and chaperon must observe proper decorum during competition.

vi. Trainers are not allowed to sit on the athlete’s corner during the competition.
vii. The Technical Committee shall decide on all other queries/issus not mentioned in the ground rules.