CREATING STUDENTS WITH GROWTH MINDSET

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Having a growth mindset helps an individual to be successful in life. People with this type of thinking ability believe that they can perform better with determination and persistence. They are ready to embrace changes and explore new things for professional growth. Brains and talents are just initial points. For them, developing what they have is a great accomplishment. They never stop learning. They treat challenges and failures as opportunities to improve themselves for a progressive way of living.

We are always aiming for the best to our students. Every teacher wants her students to be productive. One of the easiest way to make this come true is to build a growth mindset within the learners. According to Guido (2016), for the learners to develop a growth mindset, teachers must use differentiated instruction in teaching. They can use videos, audio clips and manipulatives for the students. In teaching mathematics, variety of games must be implemented. Promoting collaborative learning is also a way to develop this thinking ability. Through group activities, they can share ideas and generate a good conclusion. He also added that giving them problems and letting the learners to solve these in their own ways will train their mind to be independent that will serve as key for them to have a growth mindset.

Moreover, Wilson and Conyers (2017) recommends that educators should encourage the learners to be optimistic. Looking at the bright side of the situation will make them braver and more intelligent to face different trials. Being optimists will make them more motivated to learn and alert in every obstacle. Teachers can tell inspirational stories that illustrate the essence of optimism. Posting remarkable quotes in a bulletin board can also help them to try harder. A story of a working student aiming for a prosperous life despite of poverty is a good example of optimism. Being optimistic in such circumstances will make the learners realize that problems are just God’s way for them to be better.
For Briggs (2015), letting the students to reflect what they had learned is also a way to develop a growth mind set. Let them have a journal of reflections. Through this, they can appreciate the essence of education and remind them the spirit of effort and patience in performing different activities. Knowing their strengths and weaknesses as a student will motivate them to try new skills. Learning from their mistakes in each activity will make them more adventurous and inspired.

Helping the students to have a growth mindset is one of the greatest ways to make them prolific. A learner having this type of thinking tends to be successful. This will make them deeper learners. Our role as a teacher is to teach and care for the students. Encouraging them to grow and learn from their own mistakes will lead them to a better future.

References:

10 Ways Teachers Can Instill a Growth Mindset in Students
Marcus Guido 2016

Helping Struggling Students Build a Growth Mindset
Donna Wilson and Marcus Conyers 2017

25 Ways to Develop a Growth Mindset
Saga Briggs 2015