7 TIPS FOR PARENTS ABOUT DISTANCE LEARNING IN A TIME OF PANDEMIC

by:
Gelliza Quiambao
Teacher I Pentor Elementary School Dinalupihan, Bataan

Parents’ engagement has always mattered in education. Now, with the fight against the Covid-19 pandemic, their involvement is even more important. However, it is also more challenging as parents are already juggling with work, household chores and taking care of their family. But, fret not! For the nation’s education system have their back.

Schools are conducting online orientations and webinars for parents in meeting the challenge during this time of pandemic. There are also DepEd programs airing in tv, lessons available on YouTube, plus platforms that made learning fun and easy such as Deped Commons and Zzish.

So, what are some ways for parents to support their children’s academic growth and education at home?

Make a space. Create a special corner or room dedicated for learning. Let your kids help in preparing the learning corner even as simple as placing the notebooks they’ll be using. Getting the learning space ready will help them get ready to learn!

Establish a routine. Even though school has gone to an online and modular learning format, have them follow a routine as if they’re attending school as usual. This includes having them get up early, get properly dressed, and eat a healthy breakfast.

Praise your child. Try praising your kids for something they have done well. If they tried hard, tell them it’s okay and not to give up. Also, encourage them that it’s not always about being good or bad at something, but working towards getting better at it.
Check in with your child’s teacher. Teachers are more than willing to connect with you via phone call, text, or Messenger. Check in if your kid is having trouble with online or modular learning and be on the lookout for any communications from teachers regarding your kid’s progress.

Encourage physical activity and exercise. Breaks are important especially if your kid have been sitting in front of the computer or answering their modules for a long time. Encourage them to do some physical exercise as simple as walking, jumping or sweeping the house also counts as exercise!

Set a good example. Children are good imitators. Whatever your kids are seeing you do, they will copy it. Make sure that you are modeling good behaviors for them.

Take care of yourself. This one is extra important. If you’re not taking care of your own physical, mental, emotional, and spiritual needs, you will have less energy and patience to deal with and take care of your children.

By playing the role of home educators, parents are now realizing the hard work teachers and schools have been doing to support their child. This isn’t “mission impossible”. After all, education is – and has always been – a shared responsibility.
References:


