7 TIPS ON HOW TO STUDY EFFECTIVELY DURING PANDEMIC

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Self-study is an important contribution to make the learning process more effective especially during this time of pandemic. If we can at least help ourselves to learn and grow, and not to add to the burden of education system, let us make self-study a little easier and more convenient.

Here are some tips on how to study effectively while stuck at home whatever your situation might be

1. Clean out your study space

You may start to de clutter the space and make room for your books, computer and other study tools. Remove anything unrelated to your study preparations. Make sure your place is de clutter free, and conducive to study time.

2. Communicate in your home

Let anyone at home knows that you will study at a particular time and not to be disturbed during that time.

3. Tune out distractions

Tune out the noise made by others around your home. Instead, prepare yourself with studying music. Cancelling out noise as well as providing soundtrack motivates you to study more effectively.
4. **Focus**

   The more focus you are, the more effective your study time will be. If you’re finding it difficult to focus, take a short break to stretch, breathe, and enjoy some refreshments.

5. **Reward yourself**

   If you’ve managed to study and focus, be sure to reward yourself. It could be anything that you enjoy, like eating favorite food or doing what you desire. These reinforce good study habits.

6. **Keep reading**

   Whether you’re reading for pleasure or for reference, keep at it. Reading has been proven to help with vocabulary, grammar, and comprehension. It also helps stimulate your mind in your downtime.

7. **Set realistic goals**

   Be sure to set goals that you can actually achieve.

   Let us try to alleviate the burden of pandemic, and do our share as responsible individuals so that learning may not suffer especially during this critical time in our system of education.

*References:*

  GMAT (Graduate Management Admission Test) Economist Group

  GMAT Tutor