“GOOD TO BE GOOD! “ (WHY IS POSITIVE REINFORCEMENT IMPORTANT)

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Teachers have many ways to reward the learners. Children from Kindergarten up to primary levels (Grades 1-3) receive stars for behaving well or mastering the skills. Pupils from intermediate level acquire bonus points. Learners at all levels receive praises, tokens and rewards. Whatever the form is, reward remains a major factor in pupils’ motivation.

SO, now, we ask, why is Positive Reinforcement important?

Positive reinforcement, in form of reward, helps the learners to be motivated positively. If the learners feel that they are being appreciated, they would perform better and strive harder to excel. If they feel that their efforts are not wasted, they will be excelling more.

Positive reinforcement also increases self-esteem. A child who is constantly praised performs better than a child is constantly ridiculed or yelled at. Children who receive praise feel better about themselves. They feel that they are capable of doing something.

Positive reinforcement is used to develop positive traits and behaviours. A child remembers the positive words he receives by a rightful thing he does. In return, he repeats it and it becomes a habit. Through positive reinforcement, he develops positive traits.
Positive reinforcement equates positive psychology. Through this, the mental health is being protected. Mental health awareness is very important nowadays. For a learner, receiving positive feedbacks enhances their mental health.

What may seem simple to us maybe a great step to develop the children positively. Positive reinforcement like rewards and praises may appear as small thing but who knows- its impact will be beneficial to our learners

References:

www.verywellmind.com