A CALL TO ALL EMPLOYEES: MAKE YOUR TASK EASIER AND ENJOYABLE

by:

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It is true that when Juan works all day and he has no time to play, life will be sad and miserable. This statement is also true to all workers and employees who learned to spend their time at work and no time for relaxation. As a result, they get into the atmosphere of boredom and loneliness easily. Worst of all, some of them caught having diseases like stroke, heart attack, hypertension nervous breakdown and the like. This kind of situation make them unfit in their chosen tasks.

To make our work easier and enjoyable, we must think of ways on how we can manage our time wisely and be sure that every hour we spend in our workplace is worthwhile. We also need to set our priorities. It would be helpful to make a list of things to do or plan for the day so we can focus on what is more important and less important so that at the end of the day all our tasks were accomplished. Even in conducting meetings, we need to prepare an agenda ahead of time so we can discuss the concerns of the employees and other people. Delegation of duties must be considered for a lighter task to do and to avoid overloading of assignments.

As a public servant, our vacation, holidays and free time must be wisely spent. We can visit places in the country that is unfamiliar to us and so quiet and cool. There we can have self-reflections or even spiritual nourishments which is very important. We can read books that will inspire us to become better persons. Watching valuable shows can also help coz’ it will make us laugh and have funny moments. Talking to our chosen people or friends can unload our burdens and enjoy moments with them.
The tasks of being a government employee though very challenging can be made enjoyable…if we know how to use our time WISELY.

References:

The Modern Teacher, Jan. 2021

Employee’s Job Satisfaction