A CHUM TO ALL

by:

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Observing the BSF learners for almost a decade brings perplexity in me. Most are extroverts in a manner that the learners are outgoing, affable, and expressive. While a few are Introverts whose characteristics are the self-effacing type, reticent person and predominantly concerned with their own celebrations and feelings rather than with peripheral things.

There are learners being bashful because of habits, getting high-strung about conversing with other learners. Some are comparing themselves or just waiting for someone to be amicable. It also affects their learning environment, conversing and participating even in dynamic activities. The distance of some to keep others away, being wary or too cognizant in revealing their inner thoughts to avoid arguments or be offensive or sometimes keeping away from criticism.

How to be amicable? Some students ask questions first to start a conversation finding similar likes and dislikes among others. The values of giving compliments is also a significant way as a start in being affectionate or chummy. Complimenting is such a respectful manner and not to offend others, and not exaggerating on the extent to just complement.

Some possible ways:

- Talking – not necessarily to get everyone to like you, but expressing and hearkening to others also.

- Finding things in common – companionate even the in complex things to uncover common interestedness.
Caring – to attract others, to care more, because when we care we dismiss from mind about ourselves.

Listening without judging – it is expressing feelings with warm-heartedness.

Ask people inquiry about themselves – display an authentic enthusiasm in people and about primary exemplars such as pets favored sports, avocation, band, publications, or movies, foodstuff, refreshments, siblings etc.

Commendation of others – just a small commendation given at the right time will make people think they are really copacetic or likable and even agreeable and will make them feel more enjoyable or pleasing and delighted to be in your presence.

Focus on the confirmative quantity – rather than of being grouchy to others focus on incontestable matters that will make you seem more affable in common confabulation.

In making and keeping friends there are major themes: take responsibility for your own life, practice tolerance and fortitude for everyone’s benefit, accentuate or focus the positive, and to get respect you have to give it.

Being friendly is also being present, always “being there”.

References:

Andrew Matthews, 1990. Making Friends