A FORMULA TO DREAM

by:

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According to David Bailey, “A positive attitude can really make dreams come true”. I highly agree to him. Of course, who wouldn’t? Being positive is being enthusiastic and determined of surviving no matter how low one’s hope is. Therefore, it serves as a driving force for an individual to cope and face challenges along way. Unfortunately, when someone is already at the edge of the earth and on the verge of falling down, it is undeniably difficult to hold on and keep holding. It is too hard to sustain one’s grip while hanging their without anyone to hold unto. Yes, most of the time, we want to continue, but many circumstances and people do not let us to do so.

Similarly, in this field, we have so many things and people to deal with. They are combinations of both positive and negative vibes and energies. More so, most of those are pessimistic ones that are not good to hear, see, feel, and most importantly process. Our principles might be shaken. We also start to question our own beliefs and perceptions of things until such time that we do not know ourselves too.

Truly, the academe is a small world where we live in: there are highs and lows. Consequently, we sometimes get tired to dream anymore and just let things be. Still, based from my personal experience, we can survive anything as long as we are positive. We simply have to know what to add and what to deduct from our thoughts. Evidently, the negatives are the ones that have to be thrown to the bin. In doing so, we can focus more on the positive sides where wonderful emotions and concepts will certainly emerge and be multiplied.

References: