A LETTER TO THE LITTLE ME

by:
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Hey, Little Me!

First, I want to start this letter to remind you that God fearfully and wonderfully made you. There were several times that people will invalidate that and make you feel the opposite. But you got to believe in the words of God. You are precious no matter what they say.

Having said that, I want to gently exhort you about how would you typically feel with yourself.

Most often than not, it is what you say to your head that brings chaos to your soul. Please, under any circumstances don’t be too self-critical. The way you speak to yourself matters. There will be many days that you’ll get terrified of your future. But, in your moments of fears and doubts please know that I am clapping my hands and cheering for you. You are stronger than you think. Believe me when I say that there will be better days ahead!

Maybe the little you are in a hurry to grow fast right now because when you are old enough, you can do things that adults can. You can give opinions about certain issues because you feel that you’re entitled to give one, you can get a job and purchase things that you want, go to places that you’ve been eager to visit, experience things that you are curious about, and live freely. Yes, freely! No prohibitions from people older than you.

Oh, little me! There were rough days that I desiderate that I could still be you. When you are at this age, you’ll realize that you’re still not free. That there are responsibilities that are too much of a burden. From trying to make ends meet to being
careful with all the decisions you make. Mind you, when you are living on your age, it is easy to justify your mistakes but when you reached this life, people are so keen on scrutinizing even the little mess you made. So don't be afraid to make a blunder but you have to learn from it.

There are people, for some reason, that you are compelled to please, but as time went by, I realized that listening to your own voice is indispensable. Once you let go and stop caring what other people think of you that is when you’ll truly be free to be you. It is by pleasing God that we can find real happiness. It is where our inner peace hides. So please don’t hasten things up. Just enjoy every little and great things that life offers you.

At your present time, you are probably hungry for validation from your peers. You want to be with special people because being with a special group of people makes you one. By special I mean, your friends that are well-known, friends that have deep pockets, friends that you might think you could find happiness with.

Man, I’ll tell you, I’ve been with the likes of them from time to time. But choosing our real friends will be tested not during the happy moments but during our toughest times. And some will leave you, others will just ignore you. However, the friends that you need to treasure the most are the ones who stayed. The kind of friends who can sincerely feel your pain and can cry with you. Fret not because you’ll have those. I just want you to be very careful in choosing friends because it will be one of the things that can shape you. Some are for good and some are for the lessons you can keep.

Eventually, as you grow, you come to understand that people change and so are you. People change their inclinations, personalities, priorities, jobs, etc. Those changes will not be compatible with yours anymore. Just like most things, friends change, grow, or wither away. It will be painful by that time to let go of those friends, but it will get better. Remember that God is the best friend who never leaves.
For this reason, I strongly urge you to develop your relationship with Him. It might sound boring, right? Yeah, I know. But during your sorrowful days, I’ll tell you that you’ll start asking Him to succor you from the incessant days of despair. And He never fails to help you. When everything else failed and everyone left, he stayed. No matter how harsh life will get, remember that he’ll never leave you.

Lastly, I would like to end this by reminding you that the most important things in life are invisible to the eyes. I know you are dreaming of having material things. But I’ve seen and heard stories of successful people that are still not happy despite having those things that we dreamt of. Please know that those things wither away. The most important things are your relationship with God, your inner peace, your family, and the people you love. Keep them and all the great things in life will follow.

Sincerely,

The You in the Future

References:
https://apurposeinpain.com/a-letter-to-my-younger-self/