AGE DOES NOT MATTER
When sports is your first love

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It requires no age to be called a sports hero.

On the 4th day of December 2016, Tatang Numeriano Titong was featured by the Philippine Daily Inquirer, a national media brand in the Philippines, for occasionally running on Milo Marathon.

Though he was close to 60 during that time, frail looking and toothless, he never forgets his love for sports. Because of his constant fling, he belonged in the pantheon of sports heroes and trailblazers until he was called as ‘the running man’.

This story of Tatang Numeriano gave birth to another limelight that to be in the home of your ever loved sports, you must not stop chasing after it whether how young or how old you are.

Moreover, it must be clear to all the teachers and all the students that nothing comes early nor late when you strive and try hard to have in your hand the sports that you dear. Sports contributes a lot in the development and conditioning of an individual. Also, sports increase the confidence of a person especially to the younger ones.

On the other hand, due to lack of resources and lack of support that students get from the parents, teachers, and friends, they tend to ignore the flaming desire of doing the sports that they want. Many are also discouraged when they failed to do the sport as they are beginning to try it.

But, remember that all heroes begin as an ordinary man who trains and enhances the ability and skills that they have to become great in the end.
So, keep fighting and keep doing the sports that you deeply love until you master how to do every detail of it. Ponder that to become an excellent man of sports is to never forget and to never surrender even how hard or even how tiring your sports could be.

Because in the end, all you need is the heart and the guts to continuously act for the love of sports. And truly, when sports is your first love, age will not matter as long as you are dedicated like ‘the running man’, Tatang Numeriano.

Reference:

Philippine Daily Inquirer, sports page (2016)