Have you ever felt the feeling of excitement while stepping inside your most favorite place? The way your heart rapidly beats as you open the door in front of it. And all the butterflies flying inside your stomach makes you blushed with anticipation. We all have that one particular best-loved place in our home that we enjoy staying in. Even if it is just your room, kitchen, balcony, living room, and hardly any place where you can find the comfort you seek to have. Despite all the deafening noise of vehicles outside, the loud chatter of the neighbors, and the different opinions of others about yourself, it will all be silenced when you are in your most special space. A space free from the tension of the world, the expectation of other people, and the sorrows life have. They will all be replaced with happiness. Rainbows will be embedded on our gloomy days. Experiencing this kind of enjoyment can somehow satisfy our hearts and calm our souls. However, most of the time, when we are drawn too much to something that brought great joy to us, we tend to set a line around it. We mark our own zones so no negative energy can overpass them.

We got used to loving our comfort places. We are fond of the happiness it offers to us. But how can our perfect bliss turn out to be our deepest fear? Over the course of time, when we need to move forward, we all think twice about stepping outside the line. We wonder whether we are ready to face what is outside the boundaries. We doubt ourselves, our abilities because we are not sure if we will be happy once we are outside our comfort zone. We all got comfortable in our zones that we fear change may cause a profound impact on our lives. We are anxious about the outcome of our decisions. That is why we limit ourselves to just stay and settle in our comfort places. There is nothing wrong with loving something that makes us feel secured and supported. But at the same time, we will not see what awaits us if we will just stay in one place. We won't see the sunrise if we will not venture out.
not take a step up and climb the hills. And we won't know if we will be happy once we made a footstep outside if we will not risk finding out. Stepping outside our boxes to explore the world beyond it can lead us into various places. New places that can help us enrich our thinking by discovering different aspects of life. It can contribute and improve our growth as an individual. And all our doubts will be substituted with fulfillment. Dreams that we all wish to the stars will only be achieved when we take a step forward. Taking a risk may be scary but regretting not stepping outside the comfort zone is scarier. Remember to keep our pace ahead to victory.

References:

Why do something scary instead of staying in your comfort zone? - One Step Outside