APPROPRIATE DISCIPLINE TECHNIQUE IN CLASSROOM MANAGEMENT

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One of the most challenging activities that a teacher must perform is classroom discipline. One aspect of teaching is educators' abilities to effectively manage their students' behaviours because the most challenging aspect of teaching continues to be classroom management and discipline (Yost & Mosca, 2002). Witzel and Mercer (2003) point out that classroom management is one of the most common problems facing teachers because disruptive students take up valuable learning time. Students with disruptive, defiant, and disrespectful behaviours often make it difficult for teachers to teach and students to learn. Educators who have students with problematic behaviours in their classrooms become extremely frustrated. These individuals often come to feel that they are ineffective at working with students which is one cause of teacher attrition Witzel and Mercer (2003).

There are various approaches of keeping the class in control. These can be considered either a negative reinforcement or a positive reinforcement. Negative reinforcement such as corporal punishment may seem to be effective in the beginning, but can also possibly cause adverse effect on the students’ behaviour. That is why the Department of Education promotes the use of positive reinforcement in classroom discipline and management. The appropriate use of positive reinforcement and behaviour modification are important for success in the classroom, as frequent reprimands, low expectations, and infrequent praise often result in students who exhibit challenging behaviours (Morgan, 2006). The best way to understand behaviour is to look at the causes of an action and its consequences (Skinner, 1948). We as teachers must not
focus on the troubles and problems that our students create. Instead, try to find out what causes them to do such problems. In doing that, we will understand their manner of behaviour and be able to figure out what best ways we can apply to help them. Encourage them to behave properly through a positive means.

References:


SKINNER, (1948), B.F. Skinner Operant Conditioning,
https://www.simplypsychology.org/operant-conditioning.html