ATTITUDE: DOES IT MATTER IN WORKPLACE?

by:
Leo C. Enriquez
Teacher III, Alasasin Elementary School

Attitude is the reflection of our inward feelings. It is often expressed by our body language and by the look on our face. Our attitude dictates our approach to life. If we have a positive attitude it will lead us to positive outcomes while if you have a negative attitude you will seem to have a negative outcome in life.

In any workplace, attitude is very important. No matter how intelligent you are if you don’t have a good attitude it is useless. Companies are not just looking for a good educational background instead they give focus on the attitude of the person. According to Psychologist Carol Dwek on her study, it shows that your attitude is a better predictor of your success than your IQ. For instance, you might have an excellent communication skill but you don’t have a good attitude; you would certainly fail to create an impression of yours. Your colleagues would be hesitant to speak or come with you and eventually, you would be left alone. No one can perform alone. Work is accomplished easier and faster when the workload is shared among each other and contributes in the best possible way. It is important to have good relations with your co-workers so you can be able to work with them productively and effectively.

Having a positive attitude in work will reflect it on your performance. If you do well at work it means you have a good working environment with your colleagues since you are possessing a good and positive attitude. It is always better to accept things with a smile on your face. If you are given a task, do not take it as a burden instead take it as a challenge to do it better. Always consider yourself to be lucky if you’re the chosen one. Don’t complain. This would at least help you to become a good employee and eventually will lead you to promotions.
Similarly, those employees who show kindness, commitment to work, enthusiasm, and willing to help others are more blessed. They set a good example to work with a heart where it becomes infectious to others by setting the atmosphere at work with positivity. These people are more noticeable at work, in return, employers appreciate this kind of attitude. Thus, they are given more opportunities that will enhance their skills and become successful in their careers.

On the other hand, we cannot avoid those people who do not have a good attitude at work. Most of the time they are one who tries to drag down their co-workers just to be the best in the eyes of their boss. They always find faults in others. Making issues to colleagues and act like a boss. These people are not happy with their life, evidently, their life is more difficult and less fulfilling than it should be. However, it is their choice if they want to be like that or change the way it should be. At the end of the day, only they can say how important to have a good attitude in the workplace.

Moreover, our attitude reflects what we want in life. It is our choice if we want to be in the positive or negative side of life. It is our option where you want to go as long as we accept circumstances. Also, it creates an alley for us that will lead to huge success in our career. Remember that stay positive, be good to others and enjoy a healthy relationship with one and another and surely you will become successful.

References:

