ATTITUDE VS BEHAVIOR

by:

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Knowing a person especially our students would be hard if we won’t close to them. We need to have a better understanding of their feelings, plans, wants, hobbies and their interest to know them well. These are the factors why they are behaving differently every day.

Before we go a deeper, we should understand the difference between attitude and behavior, From Cambridge Dictionary. Attitude – a noun, a settled way of thinking or feeling about something. A feeling or opinion about something or someone, on a way of behaving. While behavior – a noun, the way that a person an animal, a substance etc. behaves in a particular situation or under a particular condition.

Attitude is the person’s mental outlook, which defines the way we think or feel anything. It was the way we think or feel anything. It has a strong impact on our decisions, actions, and stimuli. Education experience and environment are the major factors that affect a person’s attitude. While behavior is the manner of acting or controlling oneself towards other people. It is the range of actions, responses, and mannerisms set by an individual, systems or organization in association with themselves or their environment in any circumstances.

In short, a behavior is an individual or group reaction to inputs such as an action, environment or stimulus which can be internal or external, voluntary or involuntary conscious or subconscious. A simpler meaning, Attitude is the internal and behavior is
external. They are related to each other. We need to have the compassion to our students to be patient of knowing what's inside in their mind. Whatever they will say or do will affect them and to the people surrounding them. A careful guidance and support from teachers and family are very essential.

References:


Cambridge Dictionary, Attitude, Behaviour