BE YOURSELF

by:
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Rejection, humiliation, being alone, being different, standing and speaking in front of many people, losing our love ones: these are some of our fears which we always wish and hope not to happen in our lifetime. Sadly, things are inevitably bound to happen no matter what we do to prevent it.

Many of us are trying to be cautious all the time on things we do, decide on and say because we are afraid that this will result to us being branded as the ‘different one’ or we can end up hurting someone. By always thinking these things, we are impeded to do the things we want or love to do. We are always burdened with the thought that we need to blend into the community or to the environment we are in, without even thinking how it will affect us as a person. We always choose to compromise so that we will never encounter any conflict with the people around us and not to incur any hard feelings from others because it may lead to bad situations. This always holds us back in showing who we really are or what we really want to be.

A little bit of courage is needed, courage to do things that we really want. It does not have to be a big leap. It can be done little by little, baby steps as they say. Choose to be different. You can show who you really are. When you show it to others, your uniqueness will define who you are, leaving a mark to everyone. Do not be afraid of what others will say. Have courage, for those who really care for you and love you will always be there to accept you the real you. Those who truly know you will never judge nor forsake you. Do not be afraid of what they will think of you. You do not live to satisfy them. You do not do things for them. You do it for your own sake, for your development, for you being a person. Do not be caged by the norms you grew up with. Things do not always have to be the way it is when we are born. We have the ability to choose and make
the journey that we want for ourselves. Always have that courage, no matter how little it is. Things do not always come big. It always starts small and insignificant, but it is for us to find out how we will mold it and grow it the way we want it to be.

For our journey does not start with the silky-smooth road, it starts from bushy, rocky road. It depends on how we will create the road for us. Like the line in a movie, [1]“Now, we travel the road between who we think we are and who we can actually be. The key is for us to allow ourselves to make the journey.”

References:

[1]https://www.moviequotedb.com/movies/princess-diaries-the.html#:~:text=%22Courage%20is%20not%20the%20absence,yourself%20to%20make%20the%20journey.%22