BEATING BULLYING – AN EVERYBODY’S CONCERN: A REACTION

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Bullying is an act of misbehavior manifested by aggressive use of force to others, particularly when it is habitual and involves discrepancy of power. Also, it can be a verbal coercion and physical assault.

There are different forms of bullying. One type is direct bullying, and the other one is indirect bullying or social aggression. Direct bullying deals with physical aggression namely, slapping, punching, beating, stabbing kicking, and the like. While the other one could include spreading gossip, refusing to socialize with the victim and criticizing the victim’s manner of dress and other socially significant markers, emotional, verbal and physical. Along these forms is cyber bullying which emerged as the most anonymous form of bullying. It is done through the uses of technology.

Like any other situation, bullying can also be resolved. One effective means to bust or arrest bullying in the Philippines is the House Bill 5496 (Anti-Bullying Act of 2012). It yields to inform the impact of bullying both to the students and the parents, and the awareness on how bullying can be prevented. Everyone is indeed concern in beating bullying.

Everyone should be concerned on this rampant issue about bullying. Teachers together with the parents as well as the community should work hand in hand to fight against bullying. Each of us should exert effort in directing children towards the right path on realizing the value of having a good behavior all the time.

Disappointment comes when parents blamed teachers for the misconduct or misbehavior of their children. Given the fact that they are parents who play a very
important role in rearing their children makes it hard for me to understand why they solely blame us. They should also think that they have greater part in molding the character of their children.

Taking into account the severe effects of bullying such as it became an impediment to education; increased number of drop-out students, students’ poor academic performance, developed inferiority complex, and high rates of teenage suicide. All of these are alarming factors that each and every one of us should fight against bullying.

Like any other problems, bullying can also be solved. One effective means to bust or arrest bullying in the Philippines is the House Bill 5496, otherwise known as the Anti-Bullying Act of 2012 that seeks to provide students and their parents’ awareness of the impact of bullying and how it can be prevented or addressed.

There are also a number of ways to address bullying in the school and classroom setting. They are as follows:

1. Orientation and re-orientation of students on school policy pertaining to bullying. Policies should also be included in the student handbook and be posted in conspicuous areas.

2. Actual presence of teachers in the classroom. When students are left on their own, bullying takes place.

3. Teachers should serve as good role models. They should not be bullies themselves by refraining from name calling, labeling, tagging, and humiliating their students.


5. Regular/constant roving of school heads.
6. Holding awareness campaigns through film showing, poster making contest, etc.

7. Assigning classroom officers or monitors.

8. Strict and consistent implementation of school policies against bullying.

The effort to resolve this situation is everyone’s concern. Through the stakeholder’s cooperation, consistency and commitment, bullying could be minimized, if not totally eliminated.

References:

https://en.wikipedia.org/wiki/Bullying

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