BECOME A BETTER VERSION OF YOURSELF

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1. Rise up early and sweat to gain more energy.
2. Consistency is the key to mastery and be legendary.
3. Be indispensable, over-delivery.

Do more that what is expected from you, it would certainly gain much benefits for you.

4. Learn everyday.
   Spend at least one (1) hour a day; read or listen to book/audio book or watch tutorial videos. Keep on learning everyday to improve everyday. Be more knowledgeable and skillful than the 95% of people in the group. The more you learn, the more you would earn because earnings depend on the value you provide.

5. Practice ritual of private reflection.

   It is the antidote of being busy. Write on a journal what happened and what you accomplished and felt today.

6. Write and review your goals daily.

   Read your plan and schedule and prepare for the next step to take toward your goal.
7. Be proactive all the time.

8. Be grateful, the universe loves the people who is grateful.

   Be grateful in advance for the great things you are expecting to receive. Successful people are grateful people.

9. Calendar all your activities.

   By checking the activities and tasks you perform, you could have a hint if you are on your way to success or not.

10. We get what we tolerate.

    When we decide that we no longer want to receive or do something, that's when, we begin to change.

11. Do not procrastinate.

    When we procrastinate, we have to work twice the effort later, better do it now.

    When you know you something is right to do, don't wait anymore, do it now.

    There are things only you can do and if you won't do them nothing is going to work in your life.

    Procrastination and laziness destroy life. We cannot stop a day, we cannot stop an hour. So, eat the frog and free your mind.
References:

https://www.youtube.com/watch?v=O9F19ban7A4

https://www.youtube.com/watch?v=DGljuVbGP_A

https://www.youtube.com/watch?v=vO0s9_miFv4