BENEFITS OF ONLINE GAMES TO LEARNERS

by:
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As our world modernizes, our lifestyles constantly change to accustom our environment; what is new, what is needed and what is the trend. Unless a person is living under a rock, most of us are familiar to gadgets. The rise of technology proves beneficial to many, primarily in our economic. Due to the popularity of gadgets, it became widespread and many people also gained access to it.

The accessibility of these have reached for far wide, from the seniors to even toddlers. From the smart phones to the game consoles, most spend their times using these as an entertainment to play games. But some are opposed to the usage of these gadgets because prolonged use of these poses many dangers to a person’s health. There have been studies that shows addiction to gadgets might shorten life span, and it is the reason why some people view online gaming as a hazardous practice concerning our health. There even is a misconception that playing online games will only affect students’ academic performance in a bad way-- that is not always the case because there are also benefits of online gaming for students.

First and foremost, online games are a great source of learning. To keep up with the technological era that we are in, some schools incorporate these kinds of games in their curriculum and put different lessons in it. There are also those games that include different stories and facts in it, there are those that contain different kinds of literatures, histories, science, math, geography etc. It is a good learning material that picks up students’ interests.
Most of the time what catches students’ interests are what they remember. In order to accomplish the tasks given in online games, many skills are needed to be polished, such of those is the sharpness of our memory. These kinds of games stimulate minds and enhance memories.

Problem solving is the most common given tasks in online games. The regular practice and exposure to solving problems helps the mind to be accustomed to it and be enhanced. Learning is made through practice and practice makes perfect thus the frequent the engagement of student to problem solving enable them to take one step forward in mastering this skill.

Another skill that is enhance is multitasking skill. In order to solve a problem in online games, many details are needed to be memorized as well as to be given attention, concentration is also needed. The coordination of body and mind is the key. Several skills are needed in online games and those skills that are of use are practiced and eventually mastered by those who play.

Most of the time there is a lot going on in these kinds of games, even the smallest detail which are essential to win. Critical thinking, fast and accurate decision making are involved in completing tasks. These improves the speed of the brain. There have been researches that say that individuals who frequently play video games can process visual and audio stimulators faster than other people.

We must also include that it helps to improve social skills. There are games that require several players on a team, thus, promoting teamwork and camaraderie. Some of it are action games that we are familiar with, or at least heard of, such as DOTA and Mobile Legends. Along with it, online games also promote sportsmanship. Players are able to make friends with other players and form casual relationships.
These kinds of games can also serve as an inspiration for others’ creativity. It can tinkle imagination of players. There are people who uses these inspirations to create their own art. To some, these inspirations are challenges to do their own games that give birth to small yet independent games. Online games open a new door of imagination to students’ to build up their creativity. This creativity gives birth to not just games but also stories, poems, comics, paintings, music and different kinds of art.

Playing online games just like any other form of games helps to relieve stress. But the thing is, researches show that playing online card games can lower cortisol levels greater by 17% than playing real cards.

Yes, there are numerous researches that provide proofs that playing online games is hazardous for one’s health, but that is the case for those who abuse it. Just how can alcohol be good to our system, it can also be bad for us if not consumed properly and moderately. Despite of its pros, it has a dangerous side to it but we can avoid the cons through discipline. The world is not always black and white, there are cases in which there is a middle ground. In this era, wherein many live side-by-side with technology, alongside with efficiency, change in our lifestyle and environment is bound to happen. We should not be afraid of change but instead learn to live with it.

References:
