BRACE YOURSELVES

by:
Erica C. Mas
Teacher I, Sajsain Elementary School Bagac District

In the old days, only the rich ones can afford wearing braces. But now, based on my observation, almost everyone wears dental braces.

I know I am into teaching that I should not mind much of that thing, but I think we should also apply bracing our pupils. I read an article about dental braces and it was mentioned there that its purpose is to move teeth in a specific direction similar to what we do in school. We try to lead our pupils to the right direction. We direct them to the correct path. Whenever someone goes astray, we try to lead them back to the course.

But then, it was kind of difficult due to the behavior and ways of the generation now. Also, it was hard to hold and discipline them because of DepEd Order 40, s. 2012 or known as DepEd Child Protection Policy.

Putting braces may cause pain due to the continuous pressure inserted over a period of time so as to slowly move the teeth to the right direction, but then, while doing so, the bone changes its shape along with it.
Relatively, in order to really guide our pupils to a brighter future, we should not do things in haste, we have to respect the law of readiness. We have to also wait for them to personally decide to follow for their own welfare.

References:

Dental Braces and Retainers. https://www.webmd.com/oral-health/guide/braces-and-retainers#1
DepEd Order 40, s. 2012 or known as DepEd Child Protection Policy.