BUILDING PUPILS SELF-CONFIDENCE

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One of the factors which contribute to one’s success is having self-confidence. Building self-confidence is a process of self-engagement, self-motivation, acceptance, and ability to turn day to day challenges into opportunities to explore and learn new things.

Pupils build and develop self-confidence through their achievements, experiences, positive responds, and feedbacks. In a day-to-day classroom interaction, pupils tend to build self-confidence when they feel that someone believes in their capabilities, when they gain support and when encouraging environment is observed.

To discover and enhance the innate capabilities, hidden talents, interest and skills of the pupils are some of the duties of a teacher. While in the process, a teacher may observe that some pupils are performing well while others are struggling to accomplish in whatever activity that provided to them. The teacher must be brilliant enough to choose the right approach in helping pupils overcome their weaknesses and maximize their full potentials.

To mention few of the approaches that a teacher may apply in building pupils self-confidence

1. Motivate pupils and poster encouraging environment.

   Pupils need motivation in order to arouse their interest. They may be hesitant at first but through continuous encouragement they will be inspired to overcome their fears and face challenges that they may encounter.
2. Provide varied group and individual activities that will showcase their talents.

This will allow pupils to take out from their shell in their interaction with others having similar interest.

3. Allow pupils to show their initiatives.

Give the pupils the freedom on how they will accomplish the task given to them as long as they follow the standards.

4. Listen to your pupils.

Pupils have lots of queries and experiences to share, allow them to ask and speak out and to be a part of classroom interaction.

5. Acknowledge little and big accomplishments.

Every accomplishment is important to them, so let them know that they are appreciated. Gestures, praises and positive feedbacks are helpful in developing their self-confidence.

Each pupil is talented in their own way, all we have to do is to help them discover their innate capabilities, provide activities that will enhance their skills and most of all be there to support and trust them.

References:

https://www.teachhub.com/teaching-strategies-build-student-confidence