BULLYING AND THE PROBLEM IT IMPOSES TO THE FUTURE

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In the past couple of year bullying has become sort of a household term that many if not everyone is familiar with. Although this fact can two different this; one being that the awareness campaign regarding the subject is a success or, two that it is so much of a common occurrence that people has become distinctly familiar with it, it does not change the fact that it happens, and happens often enough for people to need awareness and for them to be familiar with it.

The larger percentage of the reported and documented bullying cases occur with the school premises. Bullying rages from verbal abuse wherein the offender uses harsh and mean words to degrade the victim to physical abuse wherein there is physical violence involved. Both kinds are damaging to the victim and can cause a life long dent to their person. Although between the two, physical abuse is the most focused on due to the fact that there’s aggression and hostility involved and can potentially be life threatening, verbal abuse can be more detrimental in the long run.

Verbal bullying though does not leave physical marks like scars and bruises, can inflict deeper yet invisible cuts, self-doubt and insecurity. Most cases the victim does not blame the bullies for their suffering instead they turn to spite themselves thinking that it is them that is not good enough or that they are the weird one that is why they are being made fun upon. They become recluse and they pity themselves. There are cases wherein the abuse pass and the victim grow up but still the imprint of that episode in their lives stays at the back of their minds making them hard to approach and connect with. They develop inferiority complex and trust issues that they carry through out their lives.
However there are worst cases that the self-loathing becomes so severe that they result to harming themselves. These cases are very delicate and the victims are too fragile and it makes intervention very difficult. Although it is very pain-sticking task to try to soothe them and make them feel comfortable enough to open up and let others help them, it is vital that they are not given up upon. Because children that needs the most love will reach out in the most unlovable way, in fact, there are numerous cases where the victim of bullying becomes the bully. They try to project to others what they felt or even amplify it tenfold.

Within the classroom teachers should have keen eye in spotting these kinds of case. If it is even possible to intervene before anything escalates, the better. Sometimes the solution is to not have to result to a solution. To prevent the situations before it happens. It is important to set some ground rules regarding bullying right of the bat. To make students understand the consequences of being caught and what disciplinary action they will be put upon if ever. Sometimes a little heat is needed to iron out the creases. Schools should be a place of learning and positive growth. A place where students can socialize without the hindering of bullying. It may be difficult to actually eradicate the cases completely since social media now plays a large part on the spread of this negative culture it is a challenge that the education sector needs to overcome in order to insure the wellbeing of the students and the future they will lead.

References:

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