BULLYING NEVER STOPS!

by:
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There are different thoughts and opinions when the word ‘school’ is said. Upon hearing it, one may associate school as a place of learning, socializing or a door to many opportunities. Alongside the optimistic ideas, often times the term ‘bullying’ cannot escape this reality. Whether we like or not bullying happens in every part of our country and the most common place where bullying occur is the school. Bullying occurs when a person experience a repeated aggressive behaviour from another person. The person who suffers the repeated aggressive behaviour are termed “bullied” and the one who engage repeated aggressive behaviour against another person are called “bully”. Although the bullied side are being aggrieved both parties require an immediate treatment because bullying is truly a mental torture. For a victim of bullying, the possible trauma caused by the perpetrator can be haunting and for the perpetrator, we should bear in mind that there is a deeper reason why he/she is showing dominance and aggression toward the victim.

Bullying takes many forms, in that it is not limited to one particular thing or to one person. It is indefinite in the sense that everyone has the potential to be bullied or to be the one bullying. The damage bullying can incur to a person is a long term effect. There are several psychological factors involved that can cause the victim to be traumatized. On the other hand, the bully can further develop methods of bullying that ensures greater harm prior to past events. The most common victims are students. A place where socializing cannot be avoided, it is inevitable. Repetition of such aggressive behaviour towards an individual will most likely create an intimidating atmosphere. There have been numerous cases around the world where the victim of bullying has gone so far to commit suicide.
The concept of bullying is nothing new to students both locally and internationally. There have been countless of awareness campaigns directed towards students, teachers and parents to prevent and stop it. However, cyberbullying has also given schools another cause for concern when the safety of the students is discussed.

Technology is a detriment and a benefit to whoever uses it. The chances of students becoming exposed to this threat increases when the environment is slowly becoming more and more digitalize. Due to this, effects have known to bring forth the uses and misuses of cyberbullying.

The impacts of cyberbullying consisted of mostly negative statements each regarding different aspects of school life are attendance, class discussions, projects, school activities participation and examinations. The survey gave an indication that if there was no significant effect towards the respondents or if there was no effect towards the Academic Performance, it could be given a lower score.

Addressing all the issues should be our primary and ultimate goal. As teachers we should focus on these issues and it should be one of our primary concerns for the sake of the providing a harmonious environment learning environment for our student.

References:

https://www.stopbullying.gov/what-is-bullying/index.html