CHALLENGES IN TEACHING PHYSICAL EDUCATION (PE)

by:

JOANNA MARIE F. BAGSIC
Teacher II, Mariveles National High School – Cabcabem

The Department of Education (DepEd) ranks first among all other agencies in terms of allocation in the 2018-2019 National Budget, which is amounting to P553.3 million for quality and affordable primary education.

In an ideal setting, schools should be allocated with the appropriate number of books, teachers, computers, rooms that teachers and students need. These needs must be addressed collaboratively among our stakeholders.

Although all subjects possess challenges and barriers when being taught, in particular, problems were encountered in an actual school scenario. They are as follows: insufficient equipment for sports, inadequate learning environment to teach PE in the classroom and not caring of teachers to students in teaching the subject. The teacher is not a PE major or maybe the teacher himself lacks motivation. The place that surrounds a PE class is not conducive for students thus, learning and motivation will not take place.

To address these problems, principals should organize trainings among PE teachers to develop their essential skills and knowledge. Teachers include activities that students may be familiar with. Teachers educate students how physical education as a subject contributes to their health. School heads, teachers, students and stakeholders must take indispensable actios to attend these problems in order to acheive quality of instruction.
References:

Rex Book Store, Manila, Phil.