CHOOSING CAREER PATHS DURING PANDEMIC

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On March 11, 2020, the World Health Organization declared COVID-19 as a global pandemic, and until now, the virus is still spreading and affecting numerous things, especially Education. For students, this type of occurrence is a big obstacle because it is not just affecting their daily lives but as well as their decisions in life including their choices for their future careers.

In this time of the pandemic, students face new factors that affect their decisions regarding choosing their future careers. One of them is the loss of numerous job opportunities that fueled confusion and uncertainty in their career choices. Secondly, the impact of isolation on students’ mental health is becoming a major hindrance that they are facing as they think about the right career path they must pursue.

Furthermore, Evans (2020) added that there are also existing factors which are still affecting their choices and these are the lack of experience of higher education within the family or financial, cultural, and social resources that can help them in making a proper and wise decision. Yet, despite those challenging instances, there are ways on how to ease the difficulties in choosing students' career paths. Schools, colleges, and training providers may aid students when their dreams, hopes, and plans go amiss. Also, family and peers can support and guide students through their turmoil in decision-making. Lastly, students need to explore strategies that can best help them in handling their mental health to efficiently decide for themselves.

Choosing your future career is indeed one of the most crucial parts of life, even before the virus outbreak occurred and changed everyone's lives. There are existing and
new factors that make choosing career paths challenging for students but regardless of that if someone truly aims to succeed, they can always find ways on how to conquer such difficulties. Moreover, it is best to note that through enhancing decision-making skills, it is possible for one to choose the most suitable career for themselves and in any circumstances, they might be in.

References: