COPING WITH THE NEW NORMAL

by:
Rizza R. Teodoro
Administrative Assistant II, Bataan School of Fisheries

The world Pandemic brought about by the Corona Virus Disease 2019 has just rewired our used-to-be way of living. It has never been the same. What used to be a daily grind to the office becomes a work-from-home office or on an alternative work arrangement where there is a scheduled time of going into and working from home. Although the scheme is not new, it has to be adopted.

Meetings used to be at the Board Room, Conference Halls, or in a simple classroom. Today, it’s in the chat room. Although the government has been lenient to open up and support businesses around the municipality and the provincial capitol, allowing small crowd gatherings for such meetings, people are still scared to come out and when you want to be a part of such meeting, there are a ton of restrictions to follow.

What used to be a leisure time spent on social media becomes the new mainstream media for communications, conducting meetings, teaching classes, selling and buying, and a popular platform for the government to reiterate its policies.

Modular mode of studying used to be an alternative format of learning becomes the new normal form of learning for the students. Although it sounds good for a student to learn all by himself, the struggle for the parents to help their children cope with the new method is real.

It has been hard just to go and buy supplies for the household where it used to be easy going to the supermarket. It’s even harder to sanitize all the products bought from the market before consuming them.
It is a difficult time indeed, we are doing things out of what we are used to, and doing so makes it even difficult because we are forced to be contained. Yes, these measures are used to contain us so that we can contain and control the spread of the virus. With such a great task, it’s good that we have our government doing a great management job and not sleeping on it. It is good that we are living with our present level of technology before all of these happened and so there are alternatives other than being present physically or manually doing the office chores.

Like what has been taught to us from childhood, this world event may have been difficult but it can also be an opportunity for everyone. We can see it on either the good or bad side, it’s only how we perceive it to be. We can learn new things with the technology at hand. There is always good in everything, even in these trying times. The most important thing is we survive this pandemic with high hopes that it will never come again in such proportion.

References: