COVID 19 PROLONGED: TEENAGE MOM INCREASES

by:
Clarisse C. Estanislao

We all know the effect of covid 19 to our health, as a parent we became more careful and stricter to our children. In these times in terms of their education we are capable of helping, guiding and monitoring them in their studies, but what if our children especially the teenagers – which is not 100% monitored by us at the same time not 100% educated by the school, lacking in sexual and reproductive health education, may be exposed to some sexual interactions that can cause them to get pregnant at an early age?

Some teenagers chose to just build their own family since they cannot cope up now in the new normal way of studying without knowing the concept or idea of family planning and the risk of getting pregnant at an early age.

Studies shows that during this pandemic, there is a higher number of teenage pregnancies being recorded. Also, some researchers stated that Philippine Statistics Authority revealed that Filipino minors who gave birth in 2019 increased to 62,510 from 62,341 in 2018 or 7% increase.

If the situation continues to arise it will not just ruin one’s teenage life and future, it will also burden our health-care system, economy and in our next generation. Since some teenagers cannot go with the flow during this pandemic, they will just learn to grow in the flow. Growing in terms of exploring the things that has been introduced to them during lockdown that leads them to have and create their own family, since teenagers can be easily persuaded.

That is why, the government should use this pandemic as a platform to strengthen their program regarding on introducing Sex Education to young ones. This is to properly teach
them the importance of protecting their own body and to help them discover and learn the risk of having pre-marital sex and early pregnancies.

References:

https://newsinfo.inquirer.net/1394522/popcom-covid-curbs-could-worsen-teen-pregnancies#ixzz76VxWrs00