A few years back, social media gave rise to another trending sensation as the proposal video of John Angelo Calautit, an elementary school student, to her schoolmate known only as Xyza was broadcasted all over the internet. Varying reactions were seen as netizens either labeled the proposal as a good show of love or a display of lasciviousness in the youth. No matter the opinion it cannot be denied that the younger generation explores their sexuality at a much earlier pace.

As such, it is time to open an issue that has been going on for quite some time. Sex Education. It is a course in which the student is discussed with the ongoing changes in the human body, reproduction, and more importantly the repercussions of unprotected and pre-marital sexual intercourse that will allow the student to understand their sexuality better.

Though Republic Act no. 10354 or more commonly known as the Reproductive Health Law, has already been implemented, there are still those who question if sex education is really needed by the country. Before its approval, the law tackled oppositions. There were conservatives, religious individuals and others.

Some might argue that the Philippines is a conservative culture and is not prepared for liberal approach on the issue of sex. Indeed, the pioneers of sex education were western cultures. However, with the rise of the internet and other facets of communication, it could be noticed that the barriers of culture and liberal ideas are slowly being brought down. Moreover, being liberal or a conservative does not mean that one will not need information and education about one’s own sexuality.
Also, teenage pregnancy and early motherhood have been plaguing the nation. A study done by National Statistics Office shows that 1 in every 10 Filipina aged 15-19 is already a mother. This just goes to show that the youth has been engaging in sex earlier than ever before.

And in this scenario, it is imperative that the younger generation is thought about the heavy burdens and responsibilities of engaging in premarital sex. They should also be aware of the varying diseases that can be acquired due to their unbridled sexual urges. The youth should have a helping hand in understanding the changes their bodies go through. Most importantly, they should be aware that sex is a sacred sacrament given only to those with the privileged to be wed in the eyes of man and in the eyes of God.

Though there are still those who criticize the presence of sex education in the Philippines. It cannot be denied that the youth of today needs it. More so, there is a reason why sex education falls upon the teachers of the country and not the doctors. It is because a true teacher educates their students not only in books, but in various aspects of life.

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