CYBER BULLYING

by:
Lani M. Soriano
Registrar I
Mariveles National Senior High School

Due to the development in technology, Cyber Bullying is one of the most difficult problems in the society. According to the National Center for Education Statistics and Bureau of Justice Statistics Research Center, 53% are Adults (18+), 47% are minors (17 and below), 57% are female and 43% are male, 79% were bullied by one person and 21% were bullied by a group. Modern technology is good but there are some bad effects, it could happen anywhere in the community, and even to anyone whether politicians, TV and movie personalities, school heads or teacher. School is often referred as the second home wherein teachers help students to mold themselves into someone they wanted to be. Schools can be also a battlefield, some are famous rich and beautiful while others are bullied.

What is cyber bullying? Using an internet through social media such as face book, e-mail, mobile text messages and web that maybe used to embarrass an individual. The following are the top three (3) nature of attack: spreading photo-shopped image, spreading videos that are supposedly private and poser/spreading lies. Posting rumors about a person, threat and sexual remarks. Picking someone on face book may soon become a crime. Camarines Sur Representative, = Rolando Andaya authored the House Bill 5718, known as “Anti-Cyber Bulluying Act of 2015”, an act of defining and penalizing the crime of cyber-bullying Bullying” or insulting messages against the victim on the internet.

Under this act cyber bullies shall face a penalty of fines ranging from P50,000 to P100,00, or imprisonment between six (6) months and six (6) years, or both at the discretion of the court. Penalties to cyber bullying are as wide-raging as the laws
discussed. Depending in the state and applicable laws sanctions could range anywhere for civil penalty such as school intervention or suspension and expulsion of the student.

High school students are mostly victims of cyber bullying. Students who reported bully in school-37%; Students who bully others-17% and kids who were bullied-20%. It may cause psychological, emotional and physical stress. He/she may kill himself because of too much embarrassment based on 2015-2016 survey.

Parents and teachers play a very important role to the students. They need to understand the attitudes of the students and know how to approach them when they are suffering from cyber bullying. Everyone should be aware of that matter when they are repeated and report it to their parents and teachers. To stop cyber bullying, don’t respond to the message, save the evidence, tell the person to stop and take action. Cyber bullying is a crime and punishable by law.

Once that cyber bullying happens, do not hesitate to report it to the proper authorities like the school heads and policemen.

Reference:

Harvard School of Health Study