DEMONSTRATE RESPECT AT WORKPLACE

by:
Mary Grace N. Bamba
Teacher III, Limay Elementary School

Have you ever feel you are disregarded in your workplace or disrespectful to any of your colleagues or even to your superior? How do you feel?

Everyone wants to be respected, but if you want to get it, you must give it. Respect is giving consideration for self and of others. For you to earn the respect of others, you must first respect yourself and themselves. Giving respect to anyone in your workplace is important part of human relations. It brings healthy relationships.

A respectful workplace creates productive employees. On the other hand, workplace where employees feel disrespected experience conflict, stress and problems. In our school, there are many ways that we can do to demonstrate respect to our co-teachers. Maintaining a positive professional attitude like greeting them with smile. Smiling at your colleagues will brighten up their days. It also establishes positive rapport between them. Be polite to all staff at our school. Speak them politely. Having time for meeting and being on time for everyday are professional courtesy. Avoid interrupting others and give to other your full attention during meetings.

To avoid conflict, you should learn to control your anger. You need to manage your anger. Keep calm all the time. Learn to listen and understand others. Listen to what
others have to say before expressing your point of view. Never speak out, butt in or cut off another person.

Be approachable and helper to other. Lend your hand to somebody needing your help. By helping them, you help them feel important and encouraged. Be considerate too. Always consider the feelings and situation of others. Be understandable and try to put yourself in their shoes. Do not judge your co-workers. Judging them may destroys the positive culture in your place.

Criticize constructively. Instead of criticizing your workmates often, praise them whenever they do something good and right. If you make a mistake, take the responsibility and be brave enough to apologize.

Everyone deserves to be treated respectfully. Always treat others with courtesy, politeness and kindness. Life is short. Let us work somewhere overwhelming. Let us always demonstrate mutual respect in our workplace.

References:


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