DEVELOPING EFFECTIVE STUDY HABITS

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Students with higher study strategies and techniques score higher on their exams.

Everyone is totally different. Different strategies work for various people; the subsequent are solely suggestions on rising upon your current learning techniques.

It is best to review the subject matter when it's still recent in your memory.

Don't attempt to do all of your learning the night before the test. Instead area out your learning, review category materials a minimum of many times every week that specialize in one topic at a time.

Have all of your study material ahead of you: lecture notes, course textbooks, study guides and the other relevant material.

Find a cushy and quiet place to review with smart lighting and small distractions (try avoiding your own bed; it's terribly tempting to only lie and take a nap).

Start out by learning the foremost vital data.

Initially, learn the general ideas, don't fret concerning learning the main points till you've got learned the most ideas.

Take notes and write down an outline of the vital ideas as you scan through your study material.

Take short breaks oft. Your memory retains the data that you simply study at the start and therefore finish higher than what you study within the middle.
Space out your learning, you may learn additional by learning a touch daily rather than waiting to cram at the instant. By learning daily, the lessons can keep in your memory however if you are attempting to review at the last moment, the ideas can solely reside in your memory that you're going to simply forget.

Make sure that you simply perceive the lessons well, do not simply scan through the lessons and check out to learn everything.

If you decide on to review in an exceedingly cluster, solely study with others WHO are serious concerning the test.

Test yourself or have somebody check you on the subject matter to search out what your weak and powerful areas are. You’ll be able to use the review queries at the tip of every chapter, follow tests that the teacher could offer out or alternative pertinent materials.

Listening to quiet music like classical or jazz on a coffee volume will relieve a number of the dissatisfaction of learning.

Don't study later than the time you always move to sleep, you'll sleep off or be tempted to travel to sleep, instead strive learning within the afternoon or early evening. If you're a morning person strive learning within the morning.

References:

https://www.educationcorner.com/habits-of-successful-students.html