DISCIPLINE, A GATEWAY TO SUCCESS

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I recall what Ma’am Carolina Sugpatan-Violeta once said and it resonated me, “Do not procrastinate, do what you can do today for tomorrow will be another one”. Discipline it is.

Researchers from University of Pennsylvania found out that learners who have self-confidence have greater chance to succeed than smarter ones. Simply because they are well motivated in getting things done. Discipline is the key. Nothing more, nothing less.

Having self-discipline requires time management. There must be proper utilization of time. Every second, minute, hour counts.

Focus on priorities. Essential thing must be prioritized over the ordinary or pleasurable ones.

Getting smaller things done at a time. By doing so, accomplishing bigger or loaded ones will be much easier.

Plan. Know what you want to achieve. Have a clear path towards success.

Discipline is also having determination. Dilemmas are being encountered along the way. Things will be hard to deal with. These may halt you from pushing through. But if you have the discipline, you are determined to knock these down to get to the road of success.
References:

Matthew Pfeifer, agricultural Leadership, Education, and Communications

Rhett Power, Head coach, Power Coaching and Consulting@rhettpower