DISCIPLINE PROMOTES LEARNING

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According to George Bear, “Self-discipline connotes internal motivation for ones’ behavior, the internalization of domestic ideals and is most evident when external regulations of behavior are absent.”

Discipline is a controlled behavior. It is the most important concern of teachers in managing teaching and learning process. No matter how conducive the learning environment, students may still misbehave. As teachers, we must be prepared in dealing with such ‘uncontrolled behavior’.

Here are some of causes of disciplinary problems and preventive measures that may help in ensuring good discipline.

a. Unconducive Learning Environment- Some of students’ misbehavior can be traced in unfavorable learning environment like overcrowded classrooms, poor lighting facilities, inadequate ventilation, disorderly positioned cabinets and furniture, inappropriate seating arrangement, and noise which can obstruct understanding of the lesson.

b. Poor management skills of Teachers- Every teacher is a guidance counselor too. The lack of adequate knowledge and skills in handling cases of misbehavior likewise contribute to a trouble prone environment;

c. Background of the Students- If a classroom has fifty students, there are fifty varied individual attitudes, interests, and abilities. These individual differences can be traced to family background, physical and mental capacities, and emotional traits.
To prevent disciplinary problems, teachers must employ more groups-oriented methodologies, use varied teaching techniques and develop patience, compassion, genuine respect and care for our student.

References:

https://www.amazon.com/School-Discipline-Self-Discipline-Practical-Intervention/dp/1606236814