DISCIPLINING OUR PUPILS OUT OF LOVE

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Having two to three children at home makes our world upside down, their mood swings, their behaviors, their attitudes… parents are really bothered about it!

Children, children, children!!! No question that they are the most precious gems of a couple… the most highly possession of a society… the future holder of the world!

And no doubt that parents and adults all over the world have all their concerns on changing approach and tactics in dealing in this little fella as their generations grew up with this what we called “Modern Technology Boom”… the cellphones, tablets, ipads, and laptops… and so on… name it and they have it…

Here are some of helpful suggestions we can use to deal with our angels at home and discipline them in a positive way…

Inside our home on “How to Discipline Your Child With Love” by Nancy Jergins

1. Don’t shout

Shouting and love don’t go together- unless your yelling “I love you!” So when it’s time to discipline, try to stay calm.

2. Explain more

You don’t have to justify yourself when you discipline your children, but if you want them to learn the lesson, behind the lesson, take the time to explain it.

3. Stick to the facts
When we get angry with our children, it’s easy to throw a few verbal zingers when were disciplining them. When there is love , there will be respect.

Love and public shaming are incompatible.

4. Hug often

Physical affection outside of discipline time is a crucial element of disciplining with love . Physical touch – hugging, a kiss on the cheek , a pat on the back – are tangible reminders to your child that you love him.

What about inside our classroom ? Where we are cradling forty or more children in five days a week. How can we discipline them out of love ? Home and classroom are almost the same place where children was nurtured to grow to become a better person and responsible member of society someday, so I recommend the four easy steps of Nancy Jergins on how can we discipline our pupils out of love. It’s easy to see and understand the results on this equation LOVE + DISCIPLINE = HAPPY FUNCTIONAL CHILDREN by Sherrie Campbell, PhD.

Love plus firm discipline produces functional and happy children. Children who have been disciplined have been given loving and firm guidance and they show the following character traits, which last a lifetime.

7 Traits of Children Who have been disciplined

1. Self-control and maturity

Disciplined children can commit to doing what is right even when they don’t feel like it..so they dutifully following classroom rules.
2. Empathy

Disciplined children are able to put themselves in the shoes of someone’s else’s emotional experience which allows them to develop understanding and genuine care. This enables them to help someone from a place of purity rather than helping someone to meet their own agenda. So they get really along well with their classmates.

3. Desire to feel good

Disciplined children have been parented to know they are “good”, and because of this they are driven, through their own behaviors, to maintain this state of internal well-being. Feeling good is their natural state which they will always reach back for when their lives get off.

4. Responsible

Disciplined children have been raised to be motivated from within to help around the house, school and in the world at large because they see the value in contributing to the whole rather than just thinking about their own needs.

5. Self – love

Children who are disciplined have an internal sense of self- worth. Their confidence is derived from within and not just from performance or outside validation.

6. Respect authority

When children have been positively disciplined they respect authority, rules and basic moral codes. If you respect your children, they will learn to respect you and authority in general.
7. Happy

Children who have been disciplined are happy people. They are pleasant to be around and have an easy time making and sustaining relationships.

Parenting is a hard task if we see life on other turn around. Being a father or mother is an opportunity given by God to worship and declare His kingdom. As well as being a school teacher is a noble ministry where we can create or destroy these little human beings.

References:

http://www.sherrieCampbellPhD.com/author psychologist

Nancy Jergins, author Mom...www.imom.com