EFFECTIVE READING

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As a student, being a good reader will help you increase your intelligence. If you can read at a faster rate, you will acquire more information. Therefore, you will come to more intelligent conclusions. When you develop a good reading habit, you will not only gain more knowledge but it will also lead you to communicate well with the other people.

Reading is the skill of getting information and there are general principles which can be applied to most information-gathering materials and some of them are applicable to most kinds of reading.

At first, look at the material to be read. Turn the pages as you can, while you skim through the material. Try to get an overview of it. See if you can locate the major points.

Now, read the summary sections. The next step is to recall from memory the major points of the chapter.

Now, read any introductory material. By this time, you should have a fairly accurate idea of what the author has in mind. Bring your own background and common sense to the subject and see what you already know about it.

Now read the section until you come to the answer. As you read underline key words and ideas.

When you have finished reading, take a moment to recall from memory the important parts of the section.
If you take time to review what you have read, you will understand the material better and be able to retain it longer.

It cannot be emphasized too strongly that your willingness to approach new materials with full concentration has a great deal to do with your ability to retain it. If you cannot give your full attention to the material at hand, then leave it until you can. You cannot analyze much less remember information learned.

References: