EFFECTS OF DRUGS IN STUDENTS

by:
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Philippines is now battling with drugs that is why the government launched the so called “war on drugs,” the banner program of the present administration. Illegal drugs affect the lives of many Filipinos and the students are not exempted on this matter.

There are many factors why people use illegal drugs especially the young ones. As a rehabilitation practitioner for five years, there are many cases that were seen, wherein the lives of youth were being destroyed as well as their families was also affected. Thus, this article would like to inform the readers about some effects of illegal drugs to people especially to the students and these are the following:

• Emotional problems – students who are using illegal substances can suffer emotional problem such as anxiety, mood swings, depression and suicidal thoughts.

• Behavioral problems – students who abuse illegal drugs increase risks of social problems, violence and became hard headed and most of them are engaged in delinquent behavior such as fighting, brawling and stealing.

• Addiction and dependence – the younger a person who used illegal drugs are more likely to develop a substance abuse problem and later on lead to relapse later in life.

• Risky sex – students who are using illegal drugs are more likely to have unprotected sex. Sex with strangers will lead them to STD, unwanted pregnancy and sexual assault.

• Learning problems – students who are using illegal substance damages long term and short term memory that can also lead to problem on memory and learning.
• Diseases – students who are using illegal drugs most especially when using needles are high risk in having blood-borne like HIV, AIDS and HEPATITIS B and C.

• Brain damage – students who are using illegal drugs can result in serious mental disorder or permanent such as brain shrinkage; impaired learning abilities, impaired reasoning and memory problem. Their perception and judgment also affected, it also decreased socialization.

These are just few effects of illegal drug or substance abuse to ordinary people. These ordinary people may be students. If we look at it in the bigger picture, many will be affected, not only the students but also, the people who are around them. It can be the family, the community, or the classmates. The students who use illegal drugs are victims because of the above mentioned effects but sadly, in the long run, the people surrounding the students who abuse drugs may also become victims. So, as the people in the academe, we should be knowledgeable about the causes and effects of illegal drug abuse and of course we must lead the youth, our students to clean and healthy living to avoid the horrible effects of illegal drugs and substance abuse.

References:

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