EMOTIONAL INTELLIGENCE

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Emotional intelligence or emotional quotient is said to be if not equal to the importance of intelligence quotient, it is more important.

In the past years, EQ has become a crucial element of learning, particularly in adjustment in learning, well-being, success, inter-personal relationships and even intra-personal relationship.

Emotional intelligence actually is relegated at the backdoor of education. Since it requires a psychologist somehow, teaching EQ is not an easy part of the educative process. It is regrettable that when students lack the IQ there is neither sympathy nor proper motivation.

It is ironic that programs to support the emotional well-being of students is wanting. Although, there is an attempt to make the students emotionally intelligent but an integration of EQ and IQ needs more work. The education department must consult experts in the field of psychology, psycho-therapy or psychometry and educational psychology to design a responsive and effective program to promote the EQ of students and even properly integrate children with intellectual and learning difficulties.

The millennium has seen a new paradigm of more human need. The world is becoming aware of human holistic need, from, educational, emotional, social and spiritual needs. Schools and the social realm must explicitly address all of this aspect so that we can see a more sympathetic and empathetic community.
The world needs not only more things to consume, but renewed values, satisfying relationships, quality time with others and ourselves.

The post-modern society needs not only wealth or possession but importantly, peace and satisfaction, happiness and contentment wherein these are achieved with a healthy mind and strong emotion.

To sum it all, this writer wants to paraphrase the words from UNICEF. That a true measure of a nation’s standing is how well it attends to its children in their health and safety, their material security, their education and socialization, and their sense of being loved, valued, and included in the families and societies they are born.

References:

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