EMOTIONAL QUOTIENT IS LEFT BEHIND

by:
Eleanor F. Carcha
Teacher I, Bilolo Elementary School

We conduct different kinds of measuring tools to constantly monitor the cognitive development of our pupils, we provide different tests to our pupils such as Diagnostic, Pre-assessment, Summative, Periodical, Numeracy and many other types of test. Of course it is necessary also to develop and measure the Physiological Aspect of our pupils through finding their Nutritional Status and to find out the pupils’ body strengths and weaknesses that’s why Physical Fitness is present.

After so many tests, we immediately interpret the results and give the appropriate interventions, solutions or medicines to cure such failures or problems. The intellectual and physical aspect of the child are being addressed, but one aspect is left behind the EMOTIONAL INTELLIGENCE or EMOTIONAL QUOTIENT of our pupils. Although we have subject like Edukasyon sa Pagpapakatao wherein we touches the heart of our pupils and we have the valuing in every lessons in all the subjects, still, it is not enough to fully develop the child’s Emotional Intelligence. I hope there should also be a test provided to measure our pupil’s Emotional Intelligence that should be done twice a school year with Pre/Post Test.

Maybe some of you teachers will lift their eyebrows, another test! Another work! Another burden on our part but if we come to think of it, it is worthwhile maybe because of this simple test about their family background, favorites, hobbies, ambitions, happiness in the family etc. From their answer we can find out if they having problem and from that we can change the lives of our pupils and directed them to build a better future. According to Plato “All learning has an emotional base” so we should develop first the heart (Emotional Quotient) of our pupils and it all follows. They will understand easily the lesson and got a high score if they are
emotionally stable and also they can do their art work or physical activity easier if they are full of joy.

As stated in the article of Kendra Cherry “Intelligence Quotient IQ is an important element of success. People with high IQs typically do well in school, often earn more money, and tend to be healthier in general. Today, experts recognize it that it is not the only determinate of life success. Instead, it is part of a complex array of influences that includes emotional intelligence among other things.” So now, let’s start applying it and make a difference to the lives of our pupils!

References:

Kendra Cherry Updated May 27, 2017
