ENCOURAGING OUR LEARNERS TO IMPROVE THEIR STUDY HABITS

by:
Sherilyn V. Ramos
Teacher II, Sapa Elementary School

In this modern world where our children are greatly exposed in different gadgets like cellphones, netbooks, tablets, computers, laptops and others, parents and teachers find it hard to encourage their kids to regularly do their assignments/homework and discipline themselves to study their lessons at home, thus, motivating them to develop such attitude is indeed a great challenge on their part.

An effective way to help each learner attain this important attitude is to inculcate to them the value of setting goals – that the primary aim of going to school is not just to acquire knowledge but to have a clear intention of enjoying the benefits of learning that can be used as guide in our daily living. They also need to understand deeply the importance of strictly following a schedule of browsing their lessons everyday for clear understanding and going to school with assignments done at home. It builds self-confidence and develops independence.

The teacher needs to take time to check the homework done by his/her pupils and show appreciation to their works so that the learners will be inspired to do it again. Lack of interest on the part of the teacher to show appreciation to the task of the pupils would result to laziness. The teacher should also seek the cooperation of the parents to guide their children at home and check if their kids are doing their assignments.

To improve the study habits of our kids today, teachers need to be patient in guiding each learner and must take time to communicate with them.