EVERY TEACHER CAN BE A RESEARCHER: WHY AFRAID OF DOING RESEARCHES?

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How do you feel when you here terminologies like action research, applied research, control group, experimental group, data collection, research method, data analysis, interventions, and hypothesis? Are you one of those who are allergic with these terminologies and sometimes palpitating when doing research is the topic? Sounds funny but most of the teachers nowadays are really afraid of doing research whether action or applied. They really hate research! Yes, it is true that conducting research is not an easy task. This requires wide reading, and searching to start writing and finding solutions to a given identified problem. This requires patience and efforts to achieve the objectives and address the issues and problems encountered.

Each day, educators, administrators at the school level encountered a lot of problems from curriculum development as well as in the teaching and learning process. Do you know that conducting action research is one of the best ways to address these problems in school? Have you realized that action researches have great impacts in promoting lifelong learnings? If every teacher is eager and capable of conducting action research, the issues and challenges encountered in school will be addressed. Likewise, more innovations and interventions will be created for the betterment of the learners, teachers, and the school. It’s about time to push ourselves to become one of the teacher researchers. It’s about time to embrace the beauty of action research. It’s about time to take a risk and leave our comfort zone. It’s about time to overcome our fears to do researches. Every teacher can be a researcher. But the big question is, how to start? To
overcome our fears and start loving this thing, take note of the following tips to become a teacher researcher.

1. Never entertain your inner critic

Your inner critic is no other than you yourself. Never entertain your inner thoughts whispering negative things like; you’re not a good writer, you don’t know how to create an interesting paper, and you can’t make it. Believe or not, everyone can experience those thoughts even the best researchers that we have nowadays who have dedicated themselves in writing. Whenever you are discouraged to try writing because of your negative thoughts, reverse your thinking and fight for it. Believe that if others can do, you also can. Never entertain your inner critic.

2. Be sensitive to identify the real problem

Keep the big portrait in your mind. Do not entertain your own insecurities to hold you back in trying to write action research. We have lots of problems to talk about. Each day we can discover problems inside the classroom. If you have already identified the problem that you really want to address, put it into words, explain and discuss the problem into writing. Read different related articles or even researches about the problem. Write what you acquired in reading. Little by little you will find out that you have successfully made the first step.

3. Never hesitate to consult the expert

No one has become great researchers overnight. No one has become great researcher by his own alone. We need help and guidance from others who are better than us. Do not hesitate to ask and consult them if we want to ask and clarify something. Even those who have already published numerous researches once experienced to consult others. Never hesitate to consult the expert to give you assistance and support. Take every criticism in a more positive way and take note their comments and suggestions for you to be better.
4. Give yourself a time table

Filipinos are often called “Ningas Kugon”. Never start doing something if you are not really aiming to finish this thing. If you really want to make some action research, give yourself a due date or a time schedule to push yourself. Once you start, aim to finish your action research. Follow your time schedule so that you may have a guide on what is suppose to do on a particular date. You cannot accomplish this overnight, take it easy, and little by little.

5. Take cues from other published research papers and articles

Your action research must have a substance, to do this, have time to search and read different related studies to support your paper. Have patience to read and read in order to write and write. You better look at the recommendations, these will give you more ideas and learnings and points to consider. Remember, the best writers are the best readers. You may overcome your fear of writing by reading other researches. This will give you learnings, ideas, and patterns that you may adopt. This may also give you a stronger understanding of what to include in your paper.

6. Keep in mind that Done is better than Perfect

Most of the time, researchers feel uncertain with their finish output. They keep on thinking if they have done it right. Do you know that perfect and done are mortal enemies? Once done, relax your mind and do not be stressed about it. Do not be afraid to past it to the committee-in-charge for checking. Open yourself for suggestions and comments. This will help you furnish your research output.

7. Write more and embrace the beauty of research

The only way to get comfortable at something is to do it again and again. If you keep on writing, you will learn to love and embrace it. You will be more passionate in doing this craft. As you write more, you become better at the process of writing. Along the way, you
will learn the secrets on how to make researches with confidence and certainty. The more you do it, the better you will be, time will come you will be one of the best teacher researchers in the near future.

References:

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