FACTORS THAT LEAD TO TEENAGE PREGNANCY

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Adolescent confronts many changes in many ways that usually lead to not so wise decisions. Changes involve physical mental social and of course emotional. Sometimes deciding on what is good and what is not takes a lot of effort and mostly ends in disaster. These changes lead to curiosity, misconception and confusion among teenagers. With these, teenagers, sometimes exhibit negative thoughts and emotions. They could hardly identify what’s love from infatuation. They easily get attracted to the opposite sex. They are easily carried away by their feelings and emotions. They always seek attentions. They are carefree, liberal and experimental. These are several factors why adolescents engage early in affairs that consequently results to teenage pregnancies.

One of the factors that lead to teenage pregnancy could also be attributed to advance technology. Easy accessibility to the internet that is highly influential to one’s action. Pornography runs havoc over the world wide web. By viewing these porn sites, teenagers are compelled to do things without thinking of the consequences it might bring. Sometimes, just out of curiosity or for fun they engage in this activity which they regret in the end.

How could we prevent teenage pregnancy?

Teachers, are great influencers to students/teenagers. As a second parent to them in schools, we should help them become responsible, matured, smart and wise. Yes, they are not young but not yet an adult they can still have fun and enjoy life to the fullest. We should teach them to enjoy life by doing things they love to do. However, we should also remind them of the great responsibilities they should bear towards their actions. We must
teach them how to decide on what is good. We would make them a better person by guiding them to choose what is morally upright. Hence, they will grow with proper values and without guilt of doing things that could resulted to teenage pregnancy. We should lend a helping hand to them, especially when problem arises. We should act as confidant to them, a friend, and a counselor whenever they are depressed. Sometimes they are just afraid to open up, saying problems to their parents might hard for them that is why they look for someone instead. There is where the teachers come in to play. Since students rely best on their teachers next to the parents, they believe that teachers are the right persons to share problems with and are able to provide solutions to their problems.

How about the parents? What are the role of the parents to their children?

The parent is a great factor to the children’s formation of behavior, actions, ideals and emotions. They are also the primary influential people to them. That’s why they serve as role models to them. Parents should give proper guidance to children so that they will form a positive outlook in life. They are also the ones that inculcate good moral values. If these are present at an early stage in a child’s life, teenagers, eventually will possess good attitude and exhibit self-confidence and self-reliance. With these factors, teenagers would refrain from getting pregnant early.

Let us help the student to make the right decisions. We should help them realize the value of good moral and right attitude towards a brighter future. Students make choices in doing things that could bring out the best in them. Let them choose well. If this means helping them to succeed and making them a better person, then so be it.

References:

Lone Star College, (2020), What Can We Do to Prevent Teenage Pregnancy?, Lone Star.edu, retrieved from https://www.lonestar.edu/18156.htm