FAILURE?

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Failure is not something we are proud of discussing especially our own… but all of us will experienced it whether we like it or not.

How we choose to perceive the failure we face affects our ability to handle it. A negative view of failure tends to hinder us from rising above it, but a positive view of failure enables us to turn it into a stepping stone for success. Therefore, changing our view of failure from a negative to a positive one will allow us to cope better.

How can we change our view of failure? Failure is but a matter of perception. Since we can change our perception, we can also change the way we choose to perceive failure. In doing so we will be able to better manage any failure we face. It all depends on how we choose to view our mistake and what we choose to do about it.

We have to accept failure as a normal part of our lives; we will make mistakes that may lead to failure because we are human. Failure is merely life’s way of telling us that our approach is wrong somewhere. Since we cannot avoid occasional failure, the only thing to do is to manage it well when it happens. When failure occurs, we should take a conscious effort to make the needed adjustments and try again, avoiding previously failed actions. Rise and repeat until you succeed.

As Failure is a part of an ongoing process, it is therefore not irreversible or final. Until we choose to give up, it is too early to say if we have ultimately failed. We must at all times remember to look at the bigger picture. As long as we breathe, we will always have a chance to redeem ourselves and recover from our mistakes, correct our mistakes and turn our failure into another opportunity to learn.
We are not a failure because we have committed a mistake or many mistakes for that matter. Even when we come to a point where it is not in our best interests to carry on, we can still apply the lessons of our failures to other areas of our life. This is because life is an interconnected process. All the failures we experience are there to help us succeed.

Our failure forces us to grow and to evolve in order to overcome the challenges we face. If we have never experienced failure in our life, we would have little reason to grow as every successful human being has built their success upon their past failures. So when it comes to failure, it is better to embrace failure as part of the process needed to build a strong foundation for our future success.

It is not easy to change an old habit overnight. Similarly, we may not be able to change the way we look at failure in an instant. Still, it is always good to start early in changing our perception and keep on practicing at it until it becomes second nature to us. Just by changing the way we perceive failure frees us from fear and inaction. If success is important to you, it is better to pay early and in full.

References:

www.success.com/ why- failure- is- good- for -success/