FEEDING PROGRAM, A GREAT HELP TO NURTURES MALNOURISH CHILDREN

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Malnourishment is one of the problems in our school. To ease malnourish pupils in every school the Department of Education provides solutions like feeding program for underweight pupils. Many indigent pupils were given a free lunch as a project of DepEd. The funded year-round program aims to help less fortunate and malnourish children to gain proper weight and eat proper kind of foods. School canteens are also assigned to help in the elimination of malnutrition among pupils. They are encouraged to buy nutritious food like hot soup, pasta, bread and fruits.

According to Tony Robbins, “The higher your energy level, the more efficient your body. The more efficient your body, the better you feel and the more you will use your talent to produce outstanding results.” Teachers believe that it will be a great help in attaining knowledge inside the classroom and feeding program is one of the best solutions to this existing problem.

The approbatory nature of school health and nutrition interventions such as school-based deworming, school feeding and medical and dental check-up conducted by our division health personnel suggest that when implemented together associated health and education benefits can be increased and attained. It shows that significant improvement in the pupil’s performance like eagerness to attend the class with good grades and active participation on not only in academic activities but also in school extra-curricular activities.

School feeding programmed equip an opportunity for the children to increase their participation in school. In this program parents, teachers and other stakeholders in the community were able to share their love, affection and care for the school children’s welfare.
References:

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