FINDING MYSELF IN A SEA OF DISTRACTIONS

by:
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Many of us believe that only yourself knows the real you. Until one day you start doubting yourself, suddenly you are wondering what do you want to happen in your life and what kind of career you want to pursue? During our childhood stage we are so sure on what we like and want to be, but as we grow older many of us prefer to focus on the things that are necessary and realistic rather than what we dreamt of. Some of the basic factors to consider are financial capabilities and our parent’s opinions. After years of studying you are now working in a good company and earning money, but still you feel empty. You start to compare yourself to other people around you, then become upset. You think that you are struggling because you did not pursue your passion.

I’ve seen a quote that changed the way on how I see things and situations around me. It stated that "The reason why we struggle with insecurity is because we compare our behind the scenes with everyone else's highlight reel." You might feel that everyone is better than you just by seeing the image they want to portray to others. Most of the time we are blinded by the things and ideas that are not necessary. Instead of taking time to feel sorry about your flaws, let it nourish you. Try to look the brighter side and find ways on how to improve yourself.

A well-known entrepreneur and model once said "No matter where you are and who you meet, I hope you find what you can learn from that and take in the knowledge you need. Give it all no matter what you do then you’ll become someone needed by people. Do not be afraid to take risk, try even though you might fail. It is better than regretting that you did not do anything to make it happen." She may not finish her studies because she prioritizes working in an early age to help her family. Rather than being
afraid she chose to be brave and learn her lessons, now she is happily earning the fruit of her labor.

We may not walk the path we wanted from the beginning or not be able to live our dream, but it is never too late to create an opportunity to help you succeed and make it happen. With the right attitude and perseverance nothing is impossible.

References: