FOCUS MINDSET

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People nowadays particularly children are always engaged in different things that will provide satisfaction to their needs or wants. In this modern generation or what I should say “millennial” era, children are too busy coping with the fast changing trends that eventually fades away. Because of that the children are more often to be out of focus and they are usually bad in decision making.

I am a teacher of students under Special Program in Sports class where in under the DO 25, s. 2015 - Implementing Guidelines on the Special Program in Sports (SPS) students may decide to enroll in this program which created to address the following:

To address the needs of talented students in the different sports disciplines, the Department of Education (DepEd) shall implement the Special Program in Sports (SPS) in regular high schools, which have the capacity to implement and sustain the program in terms of trained teachers, facilities and equipment.

In view of this, the DepEd issues the enclosed Implementing Guidelines on the Special Program in Sports (SPS) for the information and guidance of secondary school heads who wish to offer the SPS.

All the provisions of DECS Memorandum No. 242, s. 2000 entitled Implementing Guidelines for the Pilot Testing of the Special Sports Program at the Secondary Level and DepEd Order No. 46, s. 2012 entitled Policy Guidelines on the Implementation of the Special Curricular Programs at the Secondary level, Item No. 3.
Because of this program, there are many students who are encouraged to enroll in this program yet other students don’t take it too seriously since there are students who are inconsistent in following with these guidelines, that’s why are hereby rescinded. I have observed that the students in this program find it hard to identify the specific specialization that they will have, whether they will be in Sports class, Music class, Instrument class or others. They thought that they can just choose any specialization that they want or most of the time, the specialization that may look cool to them. Once they are in their chosen specialization and experience difficulty in the activities that they are required to do, they will change their mind and decide to transfer to other specialization. Students do not realize that they are wasting time and effort because of their sudden decision and because they are out of focus. Students should know how to find their real interest that will not waste their time and will help them develop their potentials and talents. Also we as a teacher, must serve as an inspiration and we must guide them to the path that we know they can be better. As to Chris Evert a world class professional tennis player says “Find something that you’re really interested in doing in your life. Pursue it, set goals, and commit yourself to excellence. Do the best you can.”

References:

DepEd Order 25, s. 2015 - Implementing Guidelines on the Special Program in Sports

DECS Memorandum No. 242, s. 2000 - Implementing Guidelines for the Pilot Testing of the Special Sports Program at the Secondary Level

DepEd Order No. 46, s. 2012 - Policy Guidelines on the Implementation of the Special Curricular Programs at the Secondary level, Item No. 3.

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