FOR THE RECORD, I STAY AT HOME

by:
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April 19, 2020, it’s been a month and the whole nation is still in Extreme Community Quarantine for our safety. In my 48 years of existence, I have experienced the following:

Curfew has been 24/7, Quarantine Pass-issued only one per family, schools are suspended, students study on-line, Forced Work From Home, Self-Distancing Measures are implemented. Individuals are required to wear mask, face shield and gloves outside of their home. Social distancing measures are posted on the floors at markets, drugstores and others establishments to help distance shopper around 6 ft. from one another. Non-essential stores and businesses mandated closed. Entire sports seasons cancelled, Concert tours, festivals, entertainment events, weddings, family celebrations, holiday greetings are cancelled, too. Masses are stopped, churches are closed. Hear mass on TV or on line. Malls are closed, no socialization with anyone outside of your home. Children stay at home to play. One good thing is that we’ve been eating with the whole family more often. No handshake, no kisses, no hugs.

Panic buying of foods takes place. Shelves in groceries are bare. The government provided each family 1/2 cavan of rice. Amelioration program was designed and distributed among qualified individuals amounting to 5 to 8 thousand pesos. But then the distribution did not turn out to be smooth because the middle class sectors are crying for assistance too.

Government closes the city borders to all non-essential travel. Old facilities were used because of the overflow of Covid-19 patients. Make shift hospital tents start to rise. Daily
Press conferences existed with the President of the nation. Every day reports on new cases, recuperations and deaths. Yet it seems barely on the road. Essential service workers are terrified to go to work. Medical workers are afraid to go home to their families. We consider them as our Modern Heroes in White. But they still experience discrimination despite of their sacrifices. We are requested to STAY at HOME because it will save LIVES. But then Filipinos are hard-headed individuals. Truly... we are more intelligent compared to other nations but we lack the most important tool - DISCIPLINE. There are people who just can't say “no” to the calling of their desires, nevertheless, pay for the consequences of it! We should cooperate with the ECQ implementation and we will all be saved from the pandemic. So for the record I am writing this article because ten years from now it will be in the book of history. And I am happy to say I am ONE of the survivors of this pandemic, because I STAY AT HOME.

References:
https://www.google.com/search?ei=Y-NYX6-EHtCNoAS5hbbACw&q=references+of+safety+and+health+protocols+by+doh&oq=references+of+safety+and+health+protocols+by+doh&gs_lcp=CgZwc3ktYWIQAzIFCCEQoAEyBQghEKABMgUIIRCgATIFCCEQoAFQwcMBWIPRAWDw0wFoAHAAeACAAYoBiAGEB5IBAzAuOjgbAKABAaoBB2d3cy13aXrAAQE&sclient=psy-ab&ved=0ahUKEwjvwbOdodzrAhXQBoQgKHbmCDbgQ4dUDCAw&uact=5