FROM HOME ECONOMICS TO TECHNOLOGY AND HOME ECONOMICS, NOW TECHNOLOGY AND LIVELIHOOD EDUCATION

by:

Anjelica G. Recalde, MAEd
Teacher III, Orani National High School Parang - Parang

How it all started? Home economics studies began after the American Revolution in the United States by a group of woman. It is sometimes referred as life education. This is the field that provided many career options for both men and women.

Closely parallel to the general development of education for women, home economics classes were intended to ready young women for their duties in the home and healthy environment. As some people think it is not only the home economics which are important, technology is also necessary. That’s why Technology and Home economics begun.

In 1901, Thomasites (American teachers) bring American methods of instruction in the Philippines, and then they started teaching vocational training in housekeeping and household arts with girl’s education. Sewing, cooking and housekeeping have been domestic training that flourished in Filipino schools. Elementary students specifically Grade 5 and 6 called it Eukasyong Pantahanan at Pangkabuhayan (E.P.P.), wherein they are required to spend 60 minutes a day to home economic activities like cooking’ sewing, housekeeping, sanitation, home nursing, food selection and embroidery. While in secondary schools, students are required to complete 8 exploratory courses from grade 7 to grade 8. By their 9th grade they will choose one specialization that will fit their interest. This will be mastered till they finish the 10th grade. Although in some schools there are limited offer of specialization due to shortage of TLE teachers.
Technology and Livelihood Education is important now a day particularly in K to 12 curriculum. Students were instilled learning in livelihood. Students are given the means to earn money while they are studying. Let cite Commercial Cooking as an example. With this course they can earn while they are learning if they will sell their products or offer their services. When they graduated, they can also apply as cook in some restaurants locally or overseas or they can build their own business if they want to. In electrical Installation Maintenance, it can assure graduate to get job as an electrician in company or even with in his vicinity.

In other words TLE graduates are ensured of their source of income to ear decent living and support their needs if they will religiously incorporate Personal Entrepreneurial Competencies with their specialization.

References: