GULAYAN SA PAMAYANAN

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While being sheltered in one place brought by Covid – 19 pandemic, some people feel more connected as they receive more phone calls and text messages than before. For some, they may be isolated, but they are reaching out more than ever to their family members but the problem here is, how they can consume a quality time.

This is one of the reasons why Dinalupihan Elementary School launched a program called "Gulayan sa Pamayanan" which aims not only to help families spend their time in the midst of the pandemic while staying at home, but also to raise public awareness of health and nutrition by planting vegetables in the most secure areas available; their homes during the lockdown period.

Dinalupihan Elementary School believes that it is important for the community to be involved in the program to become self-reliant and self-sufficient in addressing nutritional deficiency.

Same with the concept of Gulayan sa Paaralan which was able to provide the community with skills in gardening, which the parents were able to replicate in their homes. The vegetables harvested also provided the schools with income to buy more seedlings.

The program will encourage and inspire the community, especially children, to plant green leafy vegetables at home.

The school has been able to work hand-in-hand with the various partners to make the project fruitful by actively monitoring the progress of Gulayan sa Pamayanan and by
continuously supporting the communities through a project assessment that measures its output and impact.

Apart from increased availability of vegetables, Gulayan sa Pamayanan also provides beneficiaries with increased awareness of environmental protection through the productive use of recyclable waste and materials.

References:

https://www.manilatimes.net/2019/10/10/campus-press/gulayan-sa-paaralan-to-improve-school-nutrition/628894/