HARMS OF DRUG ABUSE: UNDERSTANDING ONE’S WELL-BEING

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The field of medicine gave us a lot of things that are helping us to live better in this world. Drugs are good example of it but sometimes, it also leads to destruction like what the drug abuse can do. Drug abuse is the intentional intake of the substances beyond what it should do for the good of a man’s health. Because of this, various effects will be present and manifest in the man causing great changes in his life or even the devastation of the way he is living. Also, this is the usage of drugs without the prescription of the professionals.

This leads to various results to an individual like the drug dependence. This is a serious thing that can happen to anyone who is abusing the usage of the drugs for it may cause terrible consequences. The dependence on drugs will make an individual feel the discomfort of living in his daily life without the presence of it. It is like a bond that is formed between the individual and the drug making him or her fell incomplete without the usage of it. Because of it, the abuser will tend to exercise the use of drugs almost on the daily basis. And when it becomes habitual, the short absence of the drugs in the abuser will even lead to the desperate action for him or her just to continue the manipulation of drugs.

The dependence on drugs can come in two ways. The first one is the physical dependence wherein when an individual absorbs a large amount or dose of drugs for a long period of time, effects to his or her system will take place. Because of this, the body will somehow assume the usage of drugs as a necessity like water and foods. And once the existence of drugs stops in that individual’s life, or with the recommendation of the doctors to stop or withdraw it, the body will show some reactions to this known as withdrawal symptoms. These withdrawal symptoms are the effects that are occurring on the individuals on pace of being separate on the application of drugs they became used to.
On the other hand, the dependence on the drugs can also lead to psychological way or psychological dependence on drugs. A good example in this case is the dependence on hallucinogens and nicotine. However, the addiction on these things can also lead to the dependence on both psychological and physical manner like the use of alcohols which is widespread among us.

Drugs are for the development of each of us. However, we are the ones who have the choice whether we will use it correctly or not.

References: